

## Political, Nutrition and Health Issue Tracker



Changes since last issue circulated (10 February 2026) are highlighted in **RED**

| <b>Key meeting dates</b>     |  |  |
|------------------------------|--|--|
| Business Expert Group (BExG) | • <b>Food Standards and Labelling</b>                                    | 28/04/2026, 14/07/2026, 20/10/2026   |
| Codex                        | • <b>Executive Committee</b>   | 29/06-03/07/2026   |
|                              | • <b>FAO/WHO Coordinating Committee for Europe</b>                       | TBC  |
|                              | • <b>Codex Alimentarius Commission (CAC)</b>                             | 06-10/07/2026  |
|                              | • <b>Codex Committee on Food Labelling</b>                               | 11-15/05/2026  |
|                              | • <b>Codex Committee on Nutrition and Foods for Special Dietary Uses</b> | 02-06/11/2026  |
| EFSA                         | • <b>NDA</b>   | 28/04/2026, 27-28/05/2026, 01-02/07/2026, 29-30/09/2026, 22/10/2026, 25-26/11/2026, 16/12/2026 |
| European Commission          | • <b>SCoPAFF - General food law</b>                                      | 15/04/2026, 13/05/2026, 01/07/2026, 16/10/2026   |
| ESA                          | • <b>EC Regulatory Group (ECR)</b>                                       | 16/06/2026, 01/10/2026, 13/11/2026   |
|                              | • <b>Public Affairs Committee (PAC)</b>                                  | 16/06/2026, 30/09/2026, 12/11/2026   |
|                              | • <b>Nut Processors Working Group (NPWG)</b>                             | 16/06/2026, 17/09/2026, 05/11/2026   |
| FoodDrinkEurope              | • <b>Health Committees</b>   | 13/05/2026 (SG), 19/05/2026, 07/10/2026 (SG), 08/10/2026                                       |
|                              | • <b>INCO</b>  | 29/04/2026, 24/09/2026   |
|                              | • <b>NUTRITION Working Group</b>   | 29/04/2026, 24/09/2026   |
| FDF                          | • <b>Nutrition Committee (NWG)</b>                                       | 13/05/2026, 15/09/2026, 19/11/2026   |
|                              | • <b>Food Law and Labelling Committee (FLL)</b>                          | 18/06/2026, 16/09/2026, 19/11/2026   |
|                              | • <b>Diet and Health Committee</b>                                       | 23/06/2026, 08/10/2026   |
|                              | • <b>Corporate Affairs Group</b>   | <b>21/04/2026, 27/05/2026, 25/06/2026. 23/07/2026</b>  |
| IGD                          | • <b>IGD's Industry Nutrition Network (INN)</b>                          | <b>20/05/2026</b>  |
| PPA                          | • <b>Board</b>   | <b>Further 2026 TBC</b>  |
|                              | • <b>Food Law and Consumer committee (FLC)</b>                           | <b>20/04/2026 (cont.)</b> , 30/06/2026, 11/11/2026   |
| SACN                         | • <b>SACN</b>  | 17-18/06/2026 (meeting and horizon scan), 19/11/2026   |
| UKNHCC                       | • <b>UKNHCC</b>  | 14/05/2026, 22/09/2026, 24/11/2026   |

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| <p><b>October 2025</b></p> <ul style="list-style-type: none"> <li>• <a href="#">England HFSS Volume Price restrictions</a> come into force (1 October)</li> <li>• UK-wide VOLUNTARY application of <a href="#">LHF advertising restrictions</a> 9pm TV watershed and paid-for online content applies (1 October)</li> <li>• Scottish Parliament in recess (11 – 26 October)</li> <li>• Welsh Parliament in recess (27 October – 2 November)</li> <li>• <a href="#">The Food (Promotion and Placement) (Scotland) Regulations 2025</a> published (31 October)</li> </ul>  |
| <p><b>November 2025</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Lancet Series on UPF and Human Health event and paper</a> (18-19 November)</li> <li>• <a href="#">UNICEF report on 'Ultra-processed Foods and Children: State-of-the-art review'</a> (19 November)</li> <li>• <a href="#">NI 'Healthy Futures' Obesity Futures published</a> (26 November)</li> </ul>   |
| <p><b>December 2025</b></p> <ul style="list-style-type: none"> <li>• <a href="#">CAP implementation guidance on LHF advertising restrictions</a> (4 December)</li> <li>• <a href="#">EU Cardiovascular Health Plan ('Safe Hearts Plan) published</a> (16 December)</li> <li>• <a href="#">WG Regulation on Healthy Eating Schools (The Healthy Eating in Schools (Nutritional Standards and Requirements) (Maintained Primary Schools) (Wales) Regulations 2025) published</a> (17 December)</li> <li>• <a href="#">SG Good Food Nation Plan</a> (17 December)</li> <li>• UK Parliament in recess (18 December 2025 – 5 January 2026)</li> <li>• Scottish Parliament in recess (20 December 2025 – 4 January 2026)</li> <li>• Welsh Parliament in recess (22 December 2025 – 11 January 2026)</li> </ul> |
| <p><b>January 2026</b></p> <ul style="list-style-type: none"> <li>• UK-wide <a href="#">LHF advertising restrictions</a> 9pm TV watershed and paid-for online content comes into force (5 January)</li> <li>• NI research '<a href="#">Mapping the food retail and out of home sector in Northern Ireland</a>' (9 January)</li> <li>• DHSC <a href="#">response to consultation on 2018 NPM and 2018 NPM technical guidance</a> (27 January)</li> </ul>  |
| <p><b>February 2026</b></p> <ul style="list-style-type: none"> <li>• SG industry engagement on Diet and Healthy Weight Plan</li> <li>• UK Parliament in recess (12-23 February)</li> <li>• Welsh Parliament in recess (16-22 February)</li> <li>• IGD roundtable on free sugars (25 February)</li> </ul>   |
| <p><b>March 2026</b></p> <ul style="list-style-type: none"> <li>• <a href="#">SG implementation guidance on HFSS promotion restrictions published</a> (17 March)</li> <li>• <a href="#">England consultation on implementation of 2018 NPM to promotions and UK-wide advertising restrictions of HFSS foods</a> (25 March)</li> <li>• <a href="#">The Food (Promotion and Presentation) (Wales) Regulations 2025</a> comes into force (26 March)</li> <li>• UK Parliament in recess (26 March – 13 April)</li> <li>• Scottish Parliament in recess (26 March – 8 April)</li> <li>• Welsh Parliament in recess (30 March – 7 April)</li> </ul>  |
| <p><b>April 2026</b></p> <ul style="list-style-type: none"> <li>• Welsh Parliament dissolution (8 April)</li> </ul>  |

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| <ul style="list-style-type: none"> <li>• Scottish Parliament dissolution (9 April TBC)</li> <li>• Defra Food Strategy Action Plan (Spring 2026)</li> <li>• <b>UKRI report on public perceptions on UPF (Early 2026 TBC)</b></li> </ul>  |
| <b>May 2026</b>   |
| <ul style="list-style-type: none"> <li>• Scottish Parliament elections (7 May TBC)</li> <li>• Welsh Parliament elections (7 May TBC)</li> <li>• Salt Awareness Week 2026 (20 years anniversary salt targets) (11-17 May)</li> <li>• UK Parliament in recess (21 May – 1 June)</li> <li>• Consultation on mandatory reporting of healthy food sales and healthy targets by large businesses in England (Late Spring 2026)</li> </ul>   |
| <b>June 2026</b>  |
| <ul style="list-style-type: none"> <li>• SNACKEX 2026, Lisbon, Portugal (17-18 June 2026)</li> <li>• SACN horizon scan meeting - review of evidence on UPF (17-18 June 2026)</li> <li>• SG Scottish Dietary Goals review (mid 2026)</li> <li>• <b>SG Diet and Healthy Weight Plan to be published (Summer 2026 TBC)</b></li> <li>• <b>WG School Food Standards (Maintained primary schools) statutory guidance to be published (TBC)</b></li> </ul>   |
| <b>July 2026</b>  |
| <ul style="list-style-type: none"> <li>• UK Parliament in recess (16 July – TBC)</li> </ul>   |
| <b>August 2026</b>  |
| <ul style="list-style-type: none"> <li>• <b>TBC</b></li> </ul>  |
| <b>September 2026</b>   |
| <ul style="list-style-type: none"> <li>• <b>TBC</b></li> </ul>  |
| <b>October 2026</b>   |
| <ul style="list-style-type: none"> <li>• England ban on on-pack volume price promotions come into force (<u>The Food (Promotion and Placement) (England) (Amendment) Regulations 2022</u>) (1 October).</li> <li>• SG HFSS promotion restrictions come into force (1 October)</li> <li>• <u>Healthy Eating in Schools (Nutritional Standards and Requirements) (Maintained Primary Schools) (Wales) Regulations 2025</u> to enter into force (31 October)</li> <li>• IARC report on UPF (October 2026 the earliest).</li> </ul> |
| <b>Other 2026</b>   |
| <ul style="list-style-type: none"> <li>• UK end of transition period for The Bread and Flour (Amendment) (England) Regulations 2024 - Fortification of flour with folic acid (December 2026)</li> <li>• NDNS Urinary Sodium Analysis (2026)</li> <li>• EU study on UPF impact on health (2026 earliest)</li> <li>• EU review of Audiovisual Media Services Directive (AMSD) (to consider stronger regulation on advertising to children) (by end of 2026)</li> </ul>  |
| <b>2027+</b>  |
| <ul style="list-style-type: none"> <li>• England post-implementation review HFSS promotion regulations (2027)</li> <li>• WHO Guidelines on UPF (2027 TBC)</li> <li>• Updating NPM for HFSS promotion restrictions in England (2029 TBC)</li> </ul>  |

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- Updating NPM for LHF advertising restrictions in the UK (2029 TBC)
- England mandatory health food sales reporting for all large companies in the food sector (by 2029 - end of current Parliament)
- UK post-implementation review of LHF advertising restrictions LHF (2030)
- England mandatory targets on the average healthiness of sales – retailers and OOH (next Parliament)

### Other TBC

- OHID first report on 2024 salt reduction targets
- OHID 2<sup>nd</sup> progress report on 2024 calorie reduction targets
- UK Government response to consultation on FOPNL
- UK Government response to call for evidence on Vitamin D
- OHID research on children's exposure to high fat, sugar and salt food and drink advertising
- OHID report on association between excess weight and COVID19
- OHID research on healthier food in secondary schools - recommendations on national school food policy
- OHID report on the cost of achieving a healthy balanced diet
- **DHSC Recommendations on UPF**
- **PHW Position Statement on Processed Foods**
- FSS research on price of a healthy diet
- EU Harmonised FOPNL proposals
- EU Nutrient Profiles (for nutrition and health claims) proposals
- WHO Food Systems-Based Dietary Guidelines
- WHO NPM for nutrients of concern (total fats, sat fat, trans fats free sugars and sodium)
- WHO guidelines on nutrition labelling policies
- WHO guidelines on polyunsaturated fatty acids
- WHO 'SHAKE' Technical package for salt reduction update

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### Glossary

|        |   |  |
|--------|---|--|
| AHDB   | — | Agriculture and Horticulture Development Board           |
| BCAP   | — | The UK Code of Broadcast Advertising                     |
| BExG   | — | Business Expert Group                                    |
| BNF    | — | British Nutrition Foundation                             |
| BRC    | — | British Retail Consortium                                |
| BSI    | — | British Standards Institution                            |
| CAP    | — | Committee of Advertising Practice                        |
| CASH   | — | Action on Salt and Health/Action on Sugar                |
| CMO    | — | Chief Medical Officer                                    |
| CUPGRA | — | Cambridge University Potato Growers Research Association |
| DA     | — | Devolved Administrations (UK)                            |
| DCMS   | — | Department for Digital, Culture, Media & Sport           |
| DEFRA  | — | Department for Environment, Food and Rural Affairs       |
| DfE    | — | Department for Education                                 |
| DHSC   | — | Department of Health and Social Care                     |
| DoH    | — | Department of Health (Northern Ireland)                  |
| EC     | — | European Commission                                      |
| EFRA   | — | Environment, Food and Rural Affairs Committee            |
| EFSA   | — | European Food Safety Authority                           |
| EP     | — | European Parliament                                      |
| FCPC   | — | FoodDrinkEurope Food and Consumer Policy Committee       |
| FDSC   | — | Food and Drink Sector Council                            |
| FDTP   | — | Food Data Transparency Partnership                       |
| FOPNL  | — | Front of Pack nutritional labelling                      |
| FDF    | — | Food and Drink Federation                                |
| FS3G   | — | Food Safety and Science Steering Group                   |
| FSA    | — | Food Standards Agency                                    |
| FSS    | — | Food Standards Scotland                                  |
| GCA    | — | Groceries Code Adjudicator                               |
| HFSS   | — | High in Fat, Sugar and Salt (food)                       |
| HoC    | — | House of Commons   |
| HoL    | — | House of Lords   |
| HWHW   | — | Healthy Weight Healthy Wales                             |
| IA     | — | Impact Assessment  |
| IARC   | — | International Agency for Research on Cancer              |
| INCO   | — | FoodDrinkEurope Information to Consumers Committee       |
| INGR   | — | FoodDrinkEurope Ingredients Committee                    |
| JECFA  | — | Joint Expert Committee on Food Additives                 |
| MEP    | — | Member of European Parliament                            |
| NDA    | — | EFSA Panel on Dietetic Products, Nutrition and Allergies |

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|         |   |  |
|---------|---|--|
| NCMP    |   | National Child Measurement Programme   |
| NDNS    | — | National Diet and Nutrition Survey   |
| NPM     | — | Nutrient Profiling Model   |
| NOF     | — | National Obesity Forum   |
| Ofcom   | — | UK's communications regulator  |
| OHID    | — | Office for Health Improvement and Disparities  |
| OOH     | — | Out-of-Home  |
| POST    | — | The Parliamentary Office of Science and Technology   |
| PHS     | — | Public Health Scotland   |
| PHW     | — | Public Health Wales  |
| SACN    | — | Scientific Advisory Committee on Nutrition   |
| SCoPAFF | — | Standing Committee on Plants, Animals, Food and Feed (PAFF Committee) - Successor to the SCoFCAH as of Oct 2014. |
| SDIL    | — | Soft Drinks Industry Levy  |
| SG      | — | Scottish Government  |
| SI      | — | Statutory Instrument   |
| UKNHCC  | — | UK Nutrition and Health Committee  |
| UPF     |   | Ultra-Processed Foods  |
| UN      | — | United Nations   |
| WG      | — | Welsh Government   |
| WHO     | — | World Health Organization  |