



## Top line analysis of NDNS Y14 (2021-2022) Consumption crisps & savoury snacks

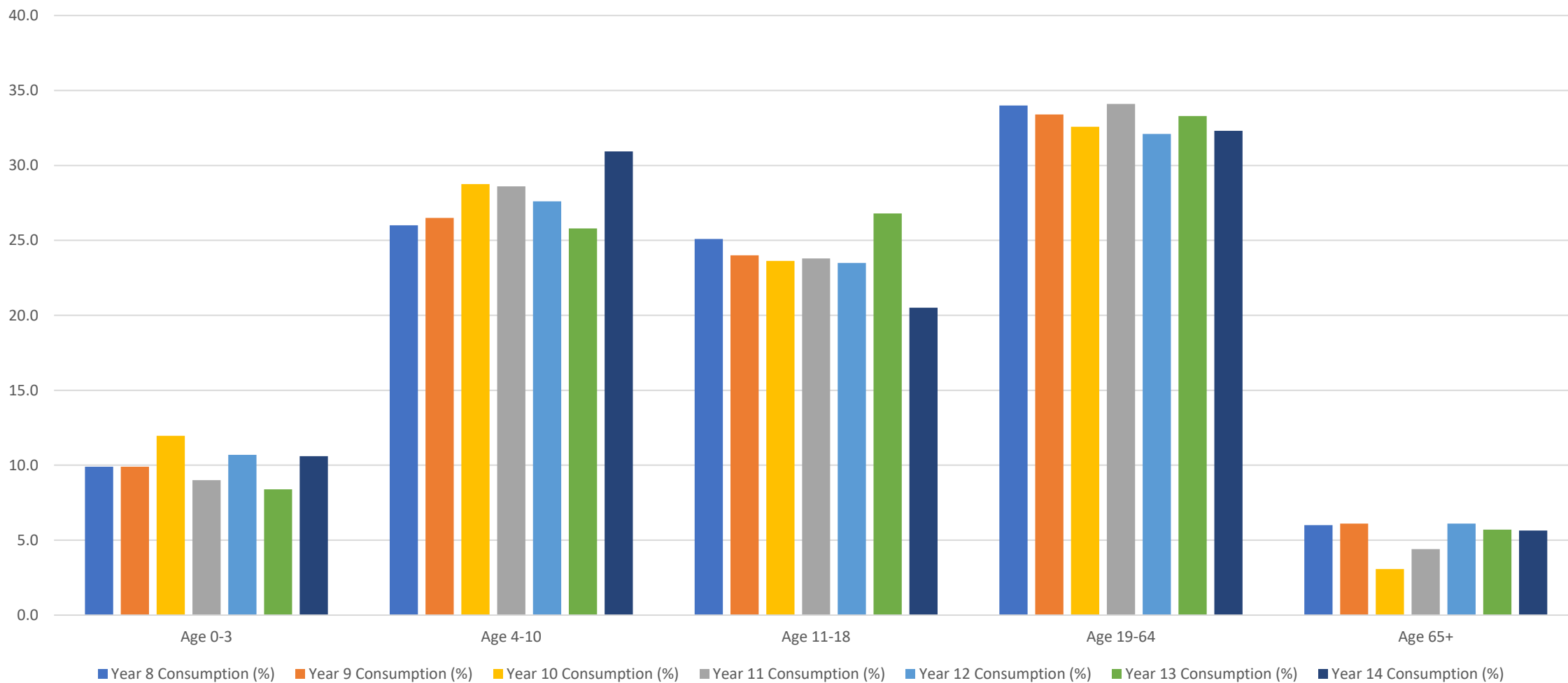
published July 2025

Includes potato and cereal-based snacks, reduced-fat crisps, popcorn (not sweet), twiglets, pretzels, pork scratchings, as well as nut-based snacks, such as salted and coated nuts and Bombay mix\*

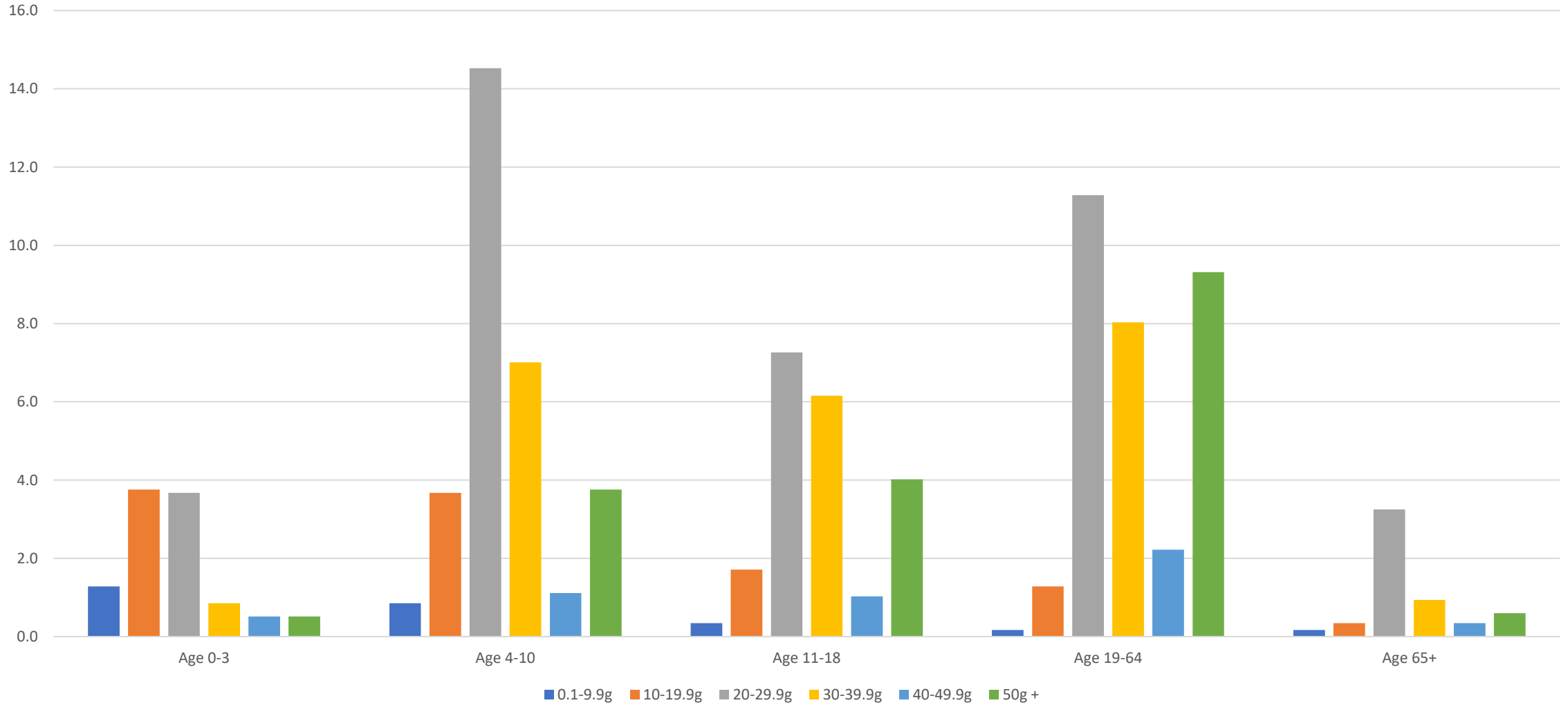
Issued on 23/02/2026

[Note: \*Please note that for NDNS Y12-15 (2019-2023), the food grouping system was reviewed and a new structure implemented to better align with government public health priorities (<https://app.box.com/s/dufvwm0hzhf2qhaoy3nk5flzs9w3wa01n/file/1880692667668>). See <https://app.box.com/s/240olagj9g8d1401uyrfy179vvhjnk3> for category breakdown. Also, from 2019 (Y12), please note that the dietary assessment method was changed from a paper diary to Intake24 (an online tool) completed on 4 non-consecutive days over a 2-week period. Therefore, it is not possible to compare food consumption and nutrient intakes from 2019 to 2023 with those from previous years (<https://www.gov.uk/government/statistics/national-diet-and-nutrition-survey-2019-to-2023/national-diet-and-nutrition-survey-2019-to-2023-report>). For Y14, the COVID-19 pandemic, along with rising inflation, have had an impact on data collection, as well as food availability and price, and consequently lifestyle and eating behaviours (<https://app.box.com/s/6hbjj2fi2fyxh6weu1lgib5p1p4mfsp>)]

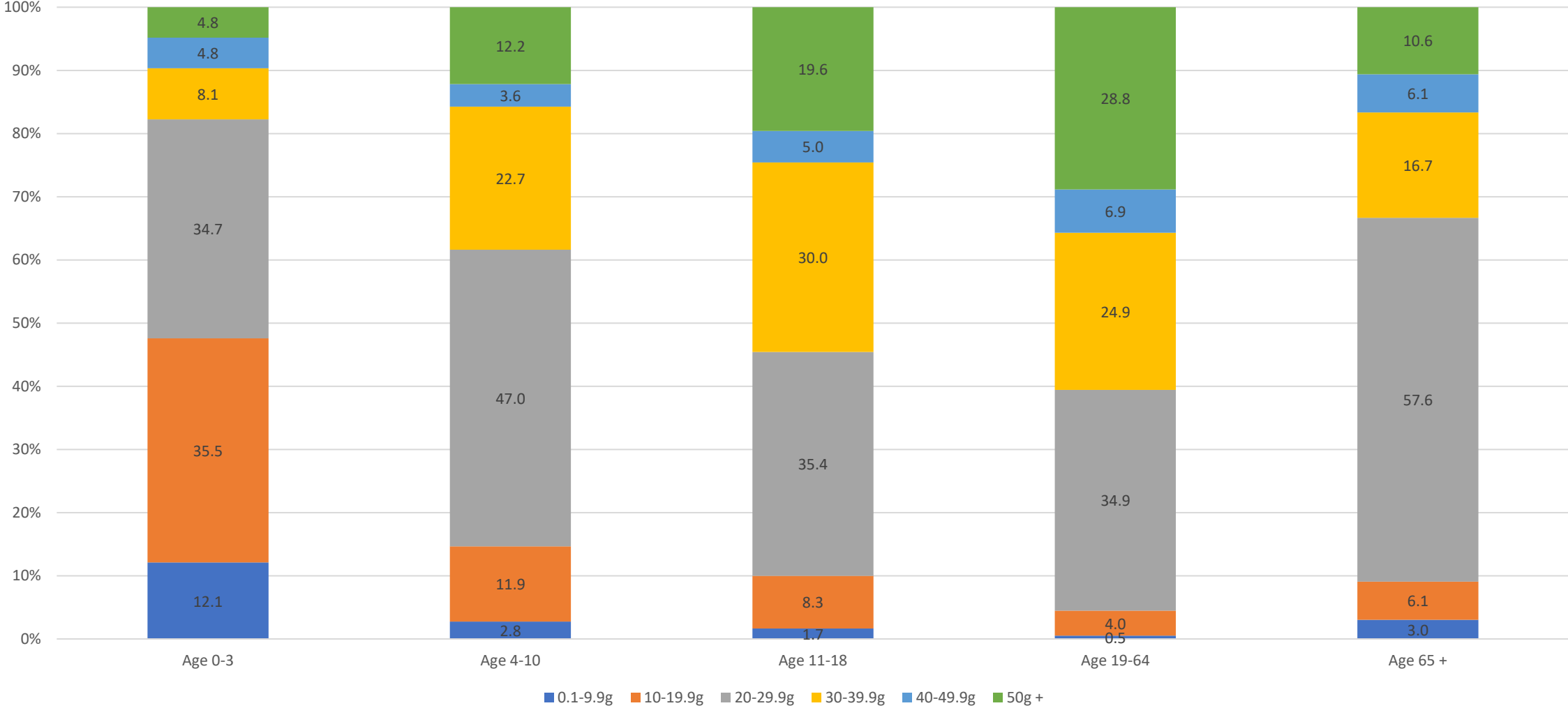
Data from NDNS Rolling Programme Years 8 - 14  
 Crisps and Savoury Snacks  
 % Consumption by Age Group



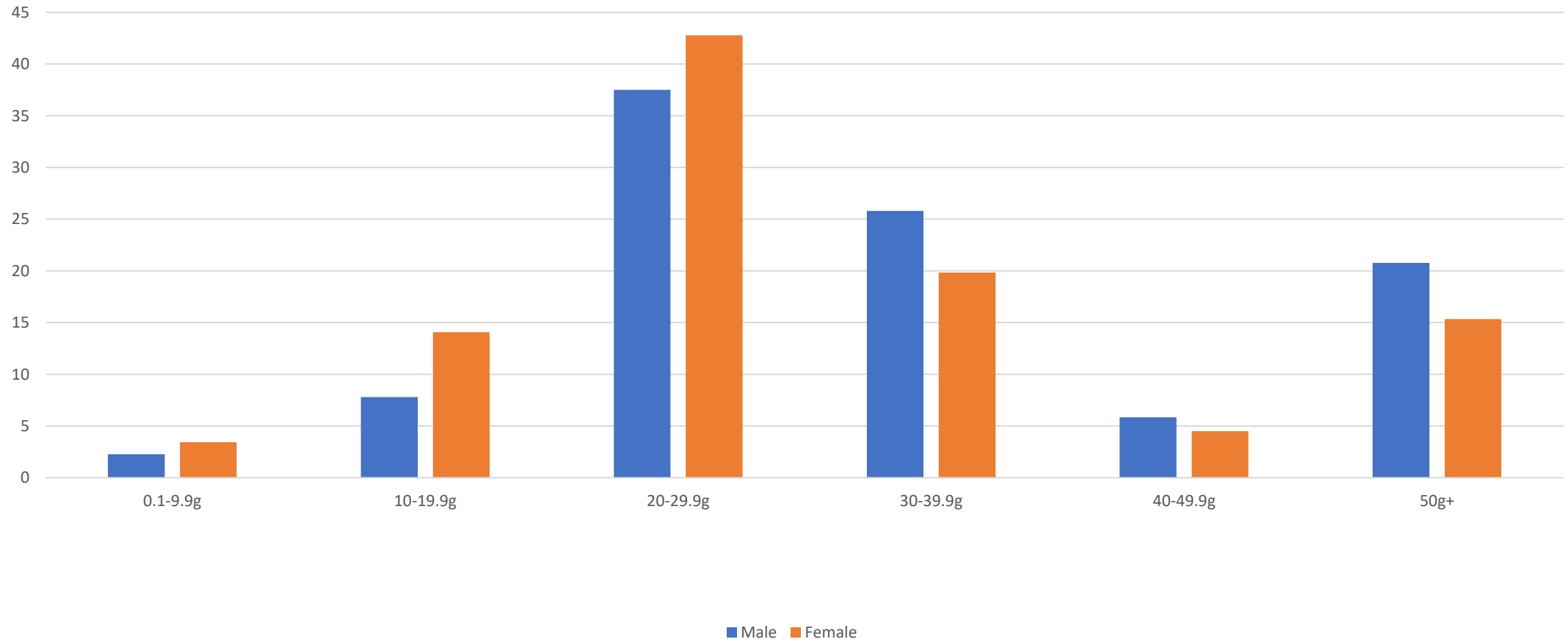
NDNS Rolling Programme Year 14  
Crisps and savoury Snacks  
Total Consumption (%) by Age Group and Pack Size



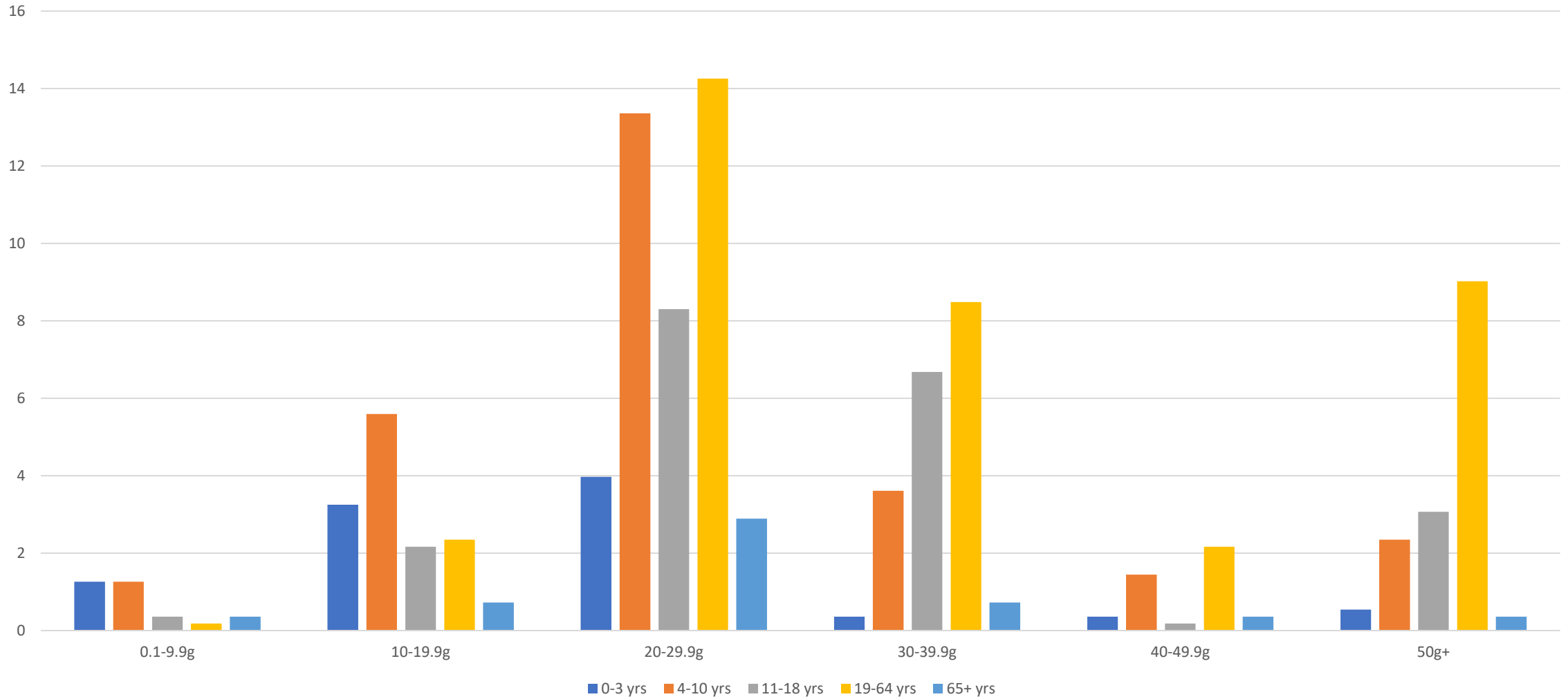
Data from NDNS Rolling Programme Year 14  
 Crisps and Savoury Snacks  
 % Consumption by Age and Pack Size



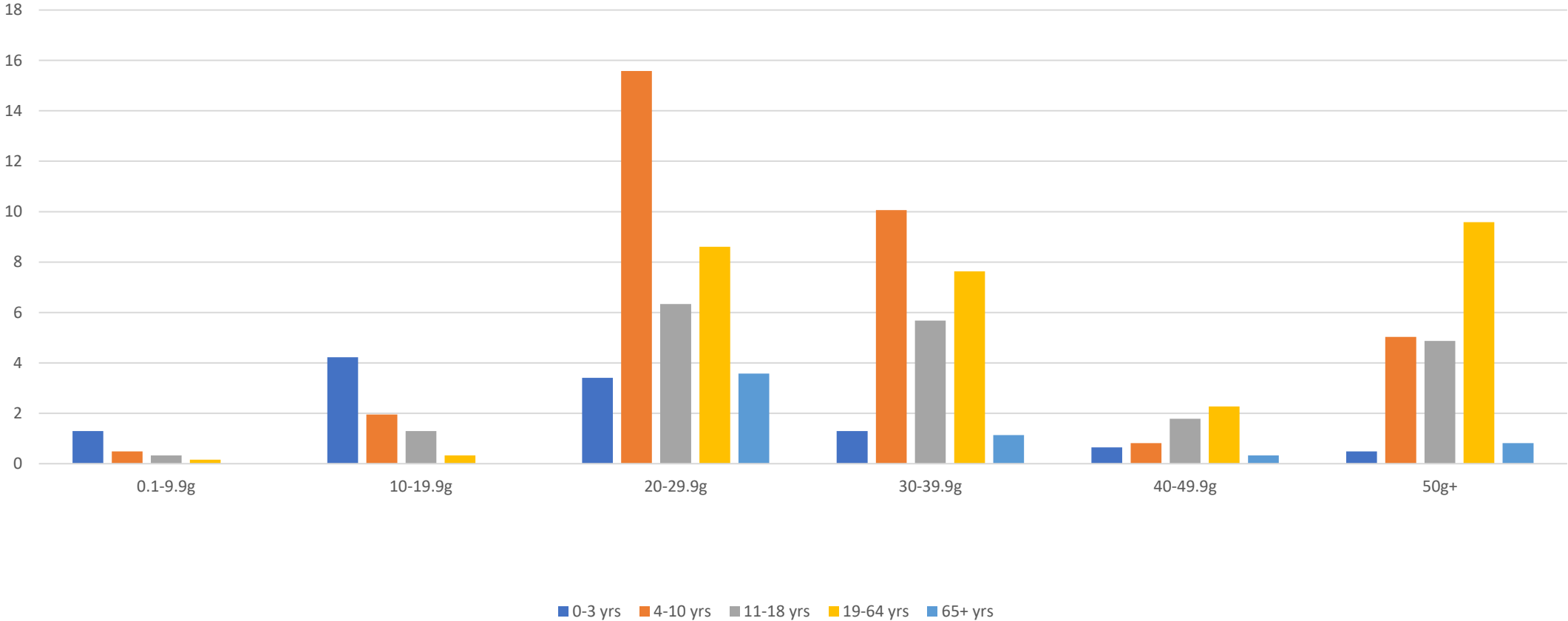
Data from NDNS Rolling Programme Year 14  
Crisps and Savoury Snacks  
% Consumption by Pack Size and Gender



Data from NDNS Rolling Programme Year 14  
Crisps and Savoury Snacks  
% Consumption by Pack Size and Age - Females

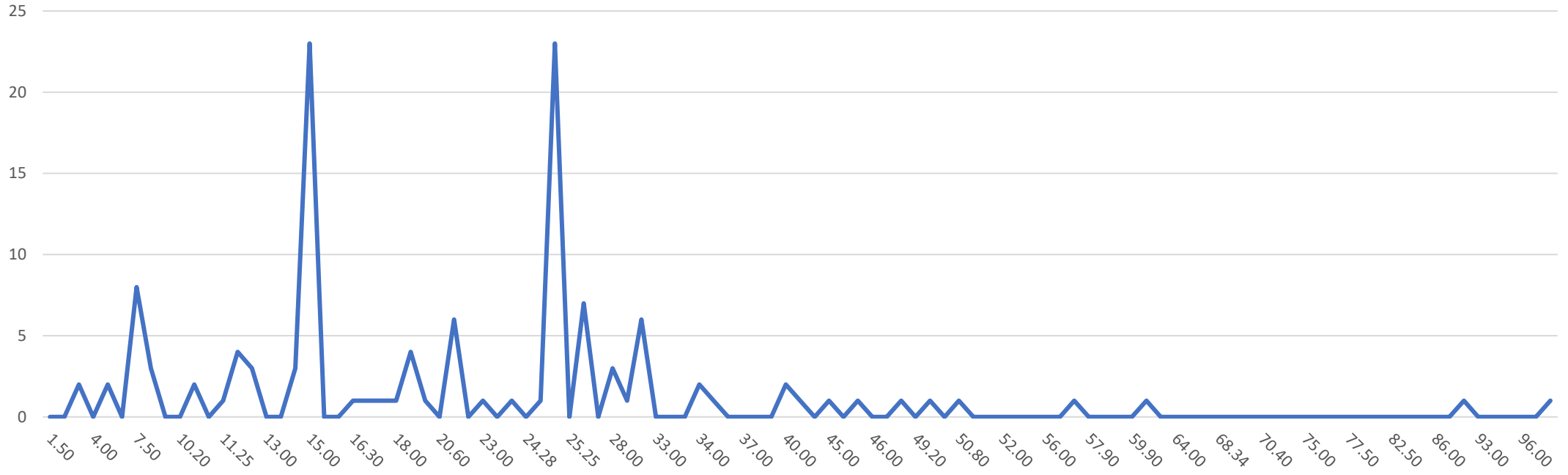


Data from NDNS Rolling Programme Year 14  
Crisps and Savoury Snacks  
% Consumption by Pack Size and Age - Males



Data from NDNS Rolling Programme Year 14 (2021-2022)  
Children Aged 0-3yrs  
Total Number of Days Surveyed N = 442  
Days when crisps or savoury snacks were consumed N = 124 (28.1% ) vs the amount consumed (g)

Number of diary days on which crisps or savoury snacks were recorded as having been consumed



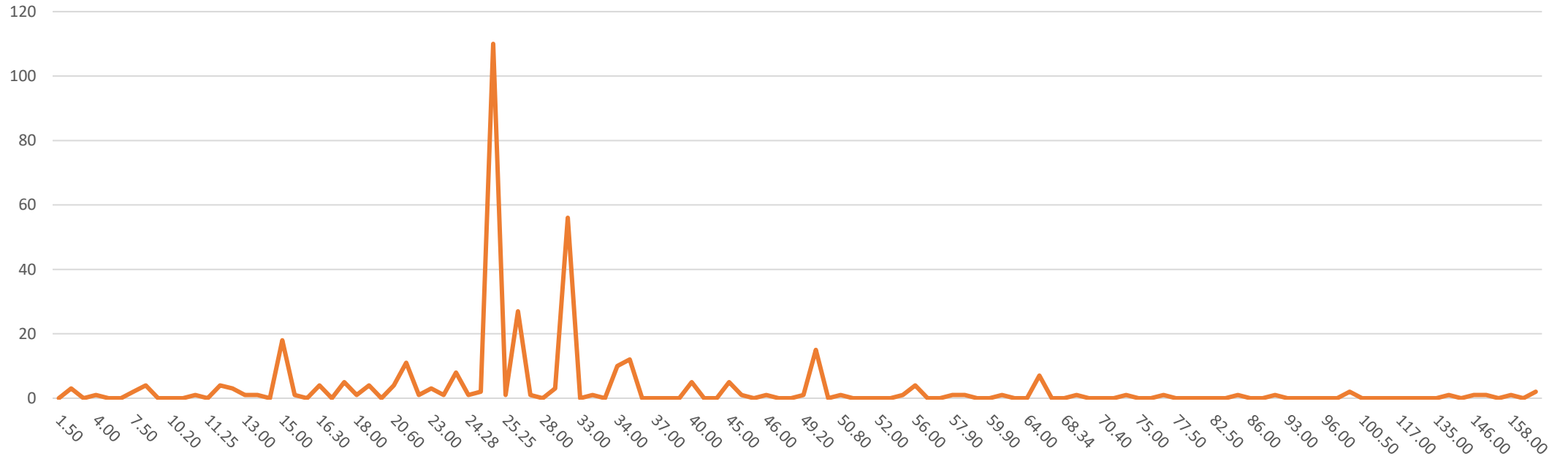
Data from NDNS Rolling Programme Year 14 (2021-2022)

Children Aged 4-10yrs

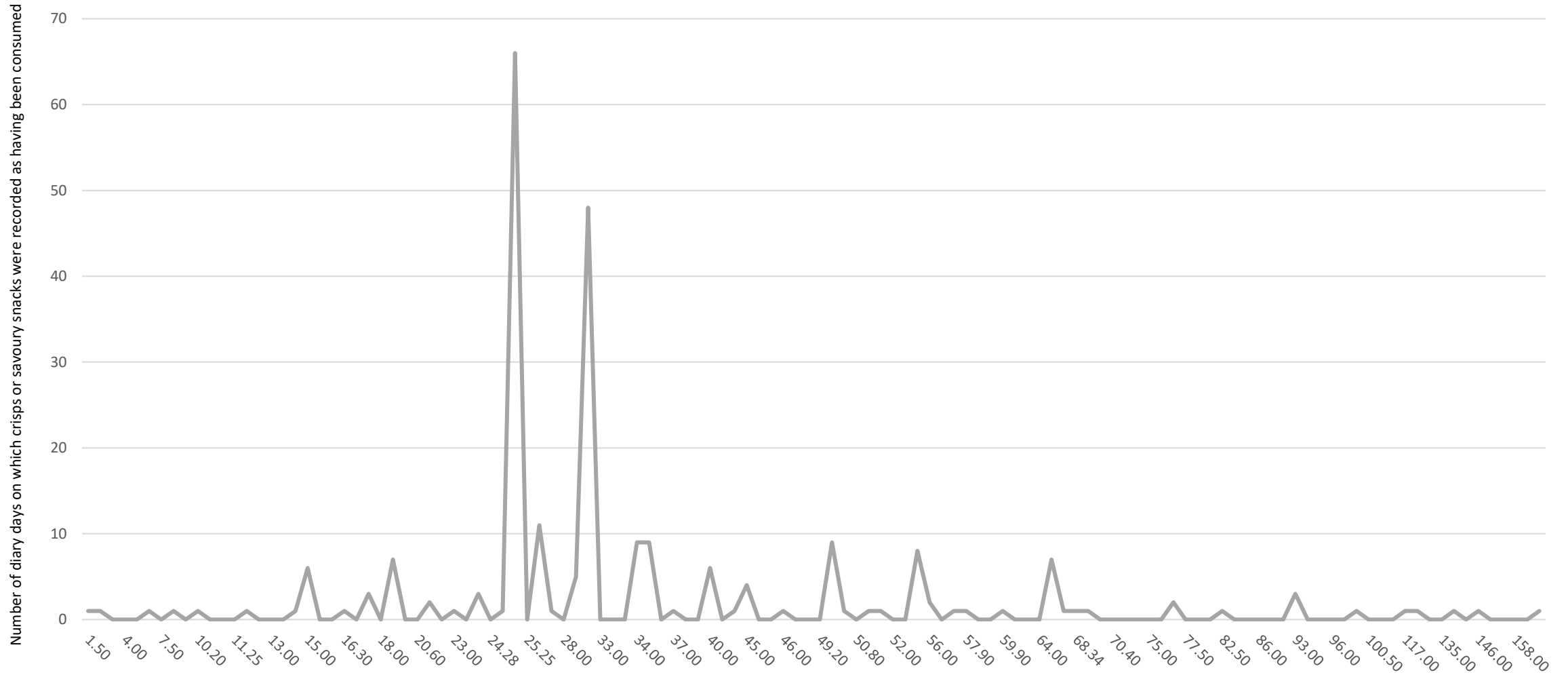
Total Number of Days Surveyed N = 976

Days when crisps or savoury snacks were consumed N = 362 (37.1%) vs the amount consumed (g)

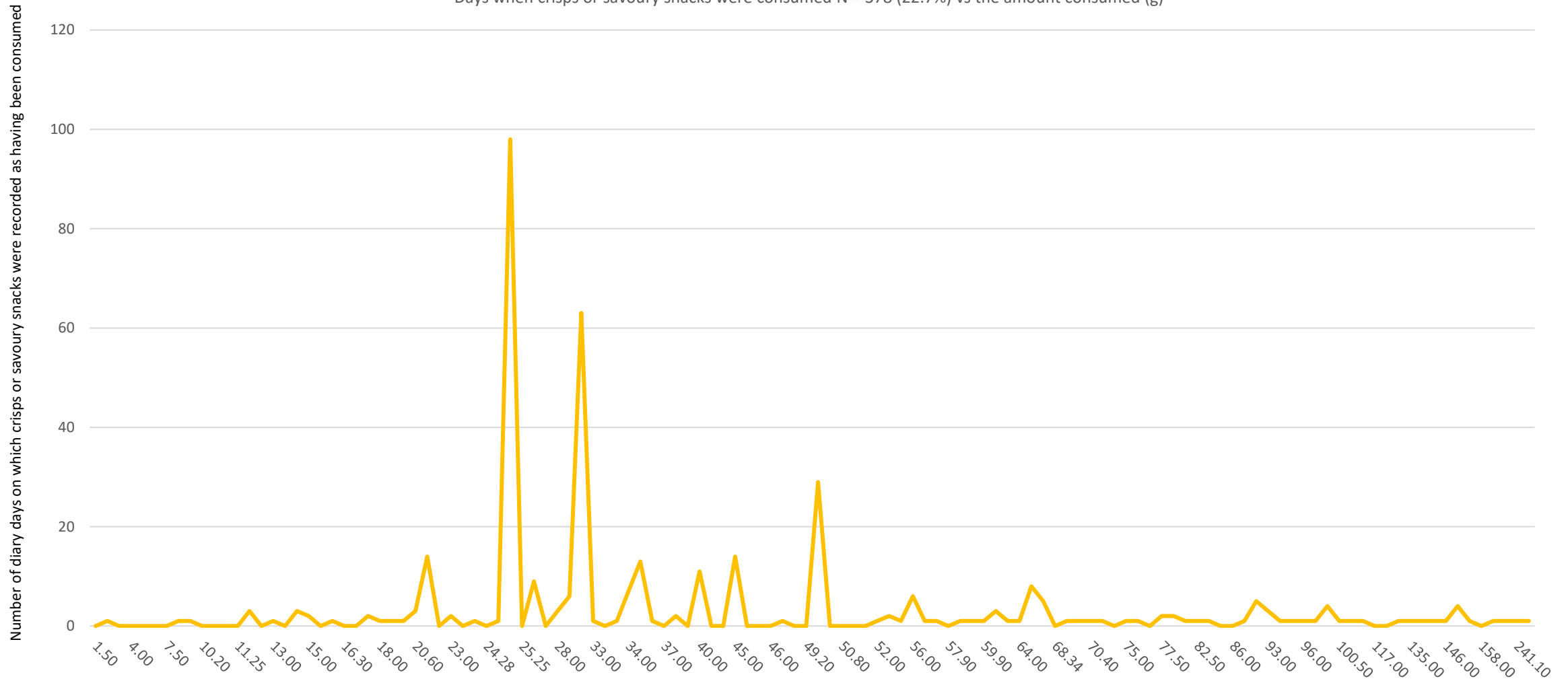
Number of diary days on which crisps or savoury snacks were recorded as having been consumed



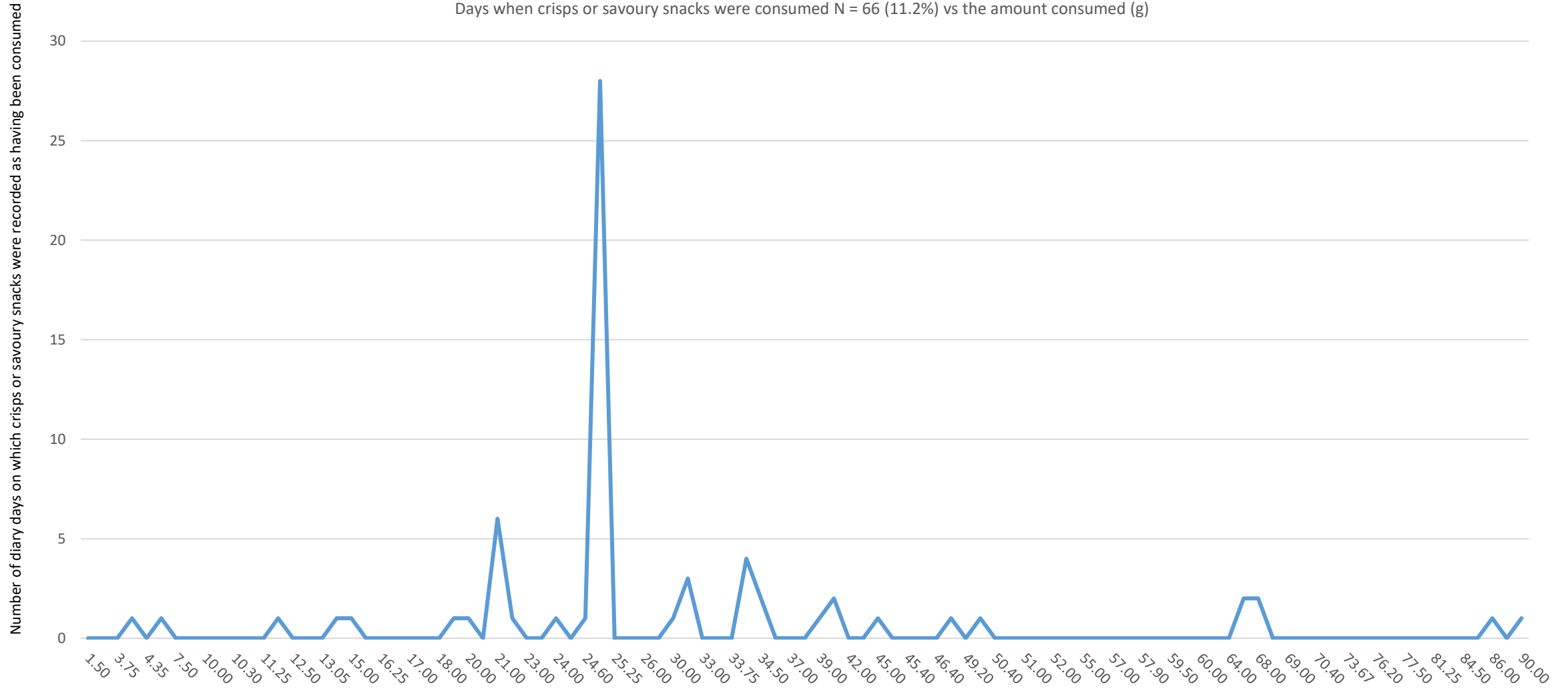
Data from NDNS Rolling Programme Year 14 (2021-2022)  
Children Aged 11-18yrs  
Total Number of Days Surveyed N = 846  
Days when crisps or savoury snacks were consumed N = 240 (28.4%) vs the amount consumed (g)



Data from NDNS Rolling Programme Year 14 (2021-2022)  
Adults Aged 19-64yrs  
Total Number of Days Surveyed N = 1664  
Days when crisps or savoury snacks were consumed N = 378 (22.7%) vs the amount consumed (g)



Data from NDNS Rolling Programme Year 14 (2021-2022)  
Adults Aged 65+ yrs  
Total Number of Days Surveyed N = 589  
Days when crisps or savoury snacks were consumed N = 66 (11.2%) vs the amount consumed (g)



Data from NDNS Rolling Programme Year 14 (2021-2022)

All Ages

Total Number of Days Surveyed N = 4517

Days when crisps or savoury snacks were consumed N = 1170 (25.9%) vs the amount consumed (g)

Number of diary days on which crisps or savoury snacks were recorded as having been consumed

