



Top line analysis of NDNS Y13 (2020-2021) Consumption crisps & savoury snacks

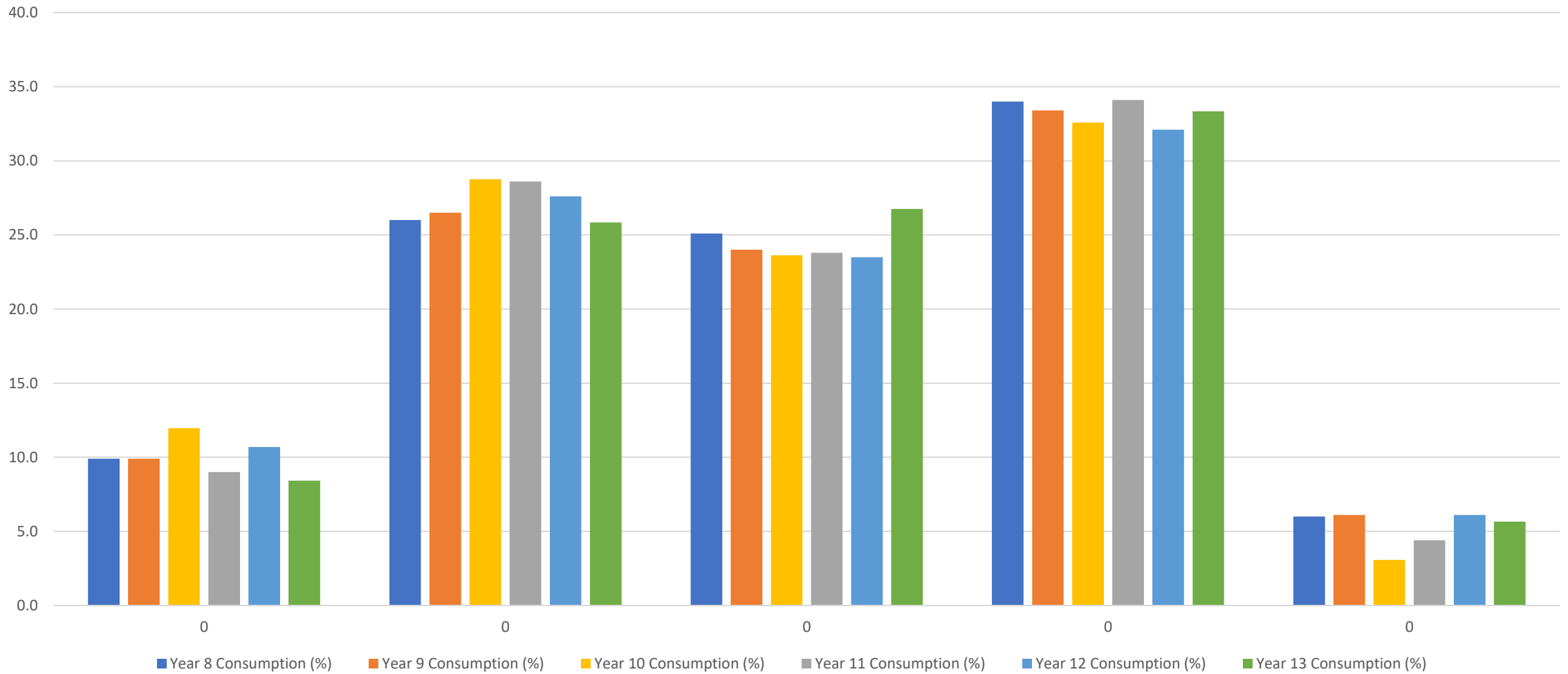
published July 2025

Includes potato and cereal-based snacks, reduced-fat crisps, popcorn (not sweet), twiglets, pretzels, pork scratchings, as well as nut-based snacks, such as salted and coated nuts and Bombay mix*

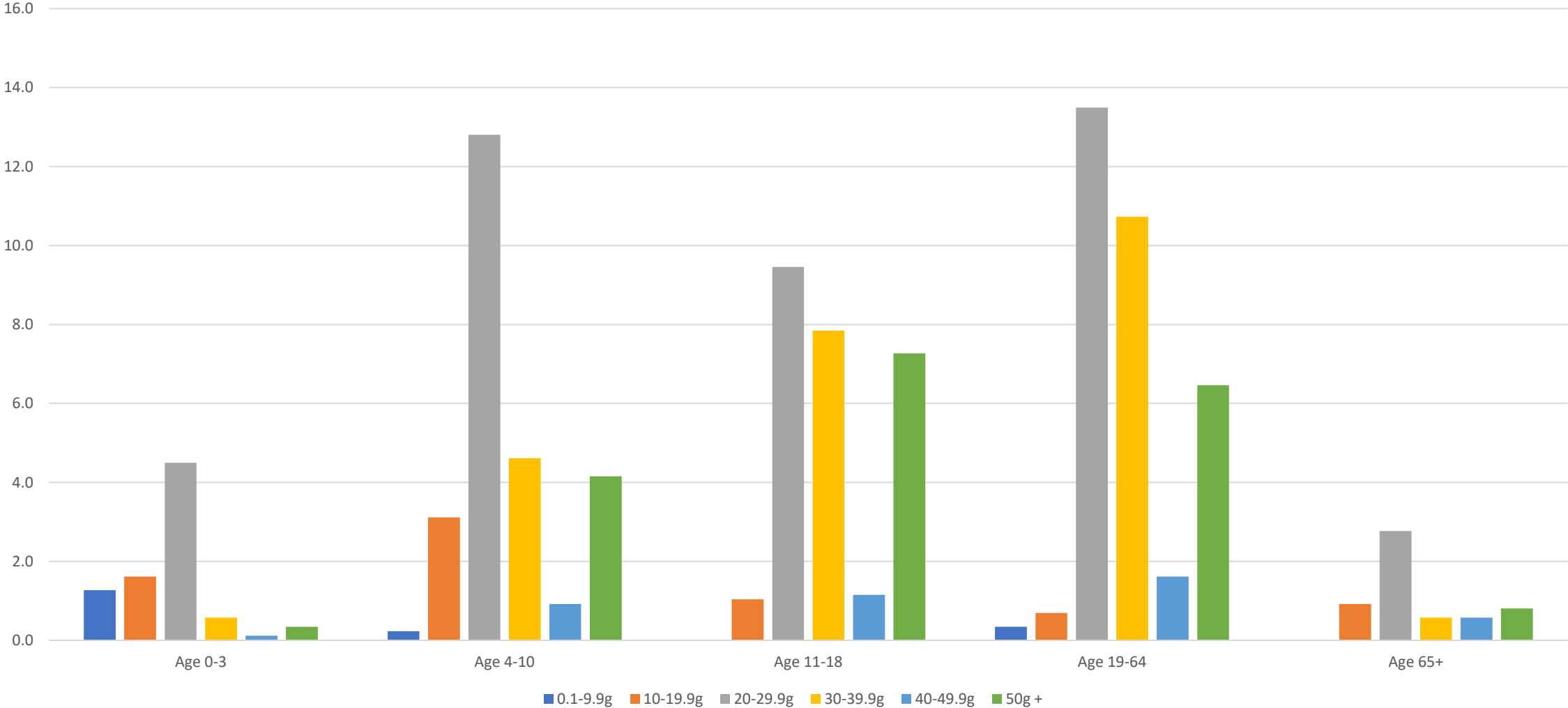
Issued on 23/02/2026

[Note: *Please note that for NDNS Y12-15 (2019-2023), the food grouping system was reviewed and a new structure implemented to better align with government public health priorities (<https://app.box.com/s/dufvwm0hzhf2qhaoy3nk5flzs9w3wa01n/file/1880692667668>). See <https://app.box.com/s/240olagj9g8d1401uyrfy179vvhjnk3> for category breakdown. Also, from 2019 (Y12), please note that the dietary assessment method was changed from a paper diary to Intake24 (an online tool) completed on 4 non-consecutive days over a 2-week period. Therefore, it is not possible to compare food consumption and nutrient intakes from 2019 to 2023 with those from previous years (<https://www.gov.uk/government/statistics/national-diet-and-nutrition-survey-2019-to-2023/national-diet-and-nutrition-survey-2019-to-2023-report>). For Y13, the COVID-19 pandemic, along with rising inflation, have had an impact on data collection, as well as food availability and price, and consequently lifestyle and eating behaviours (<https://app.box.com/s/6hbjj2fi2fyxh6weu1lgib5p1p4mfsp>)]

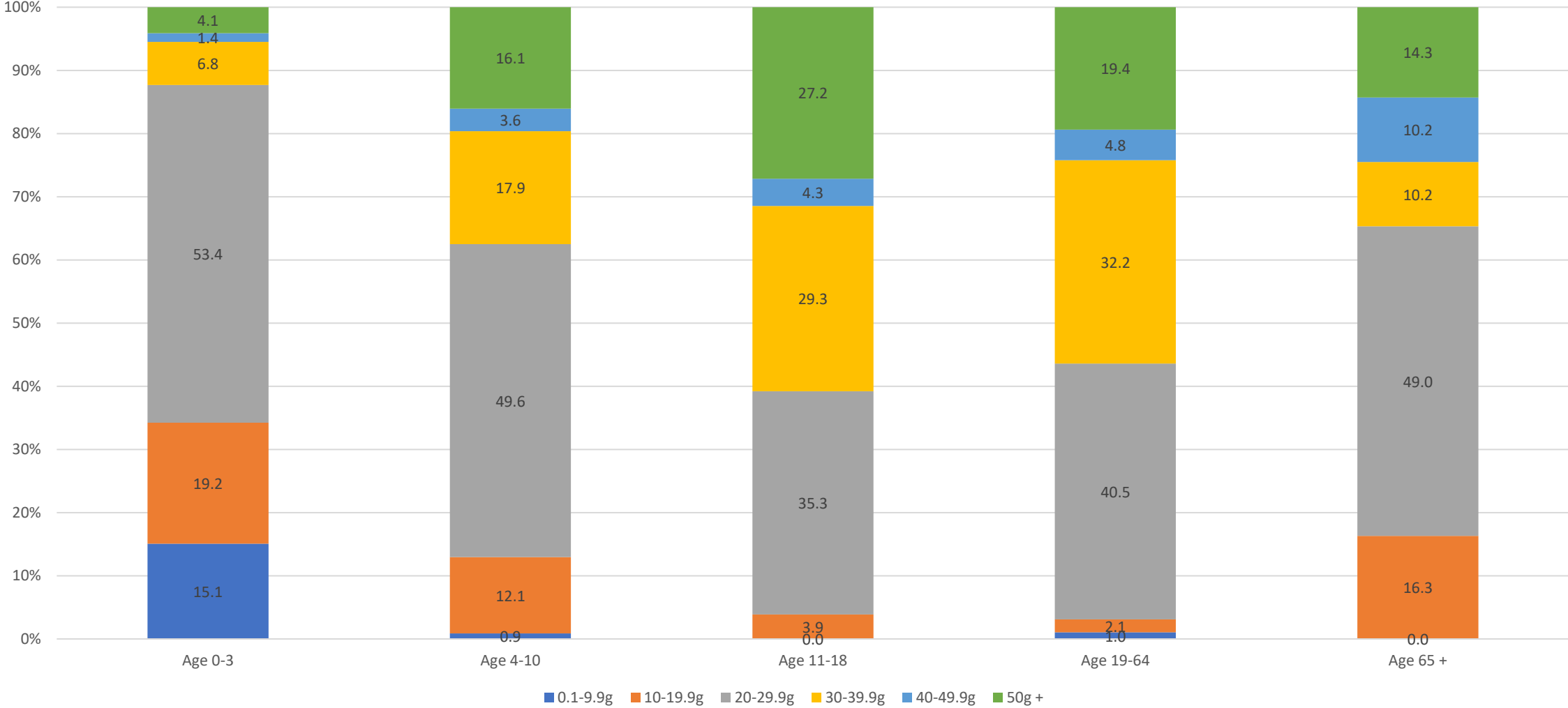
Data from NDNS Rolling Programme Years 8 - 13
Crisps and Savoury Snacks
% Consumption by Age Group



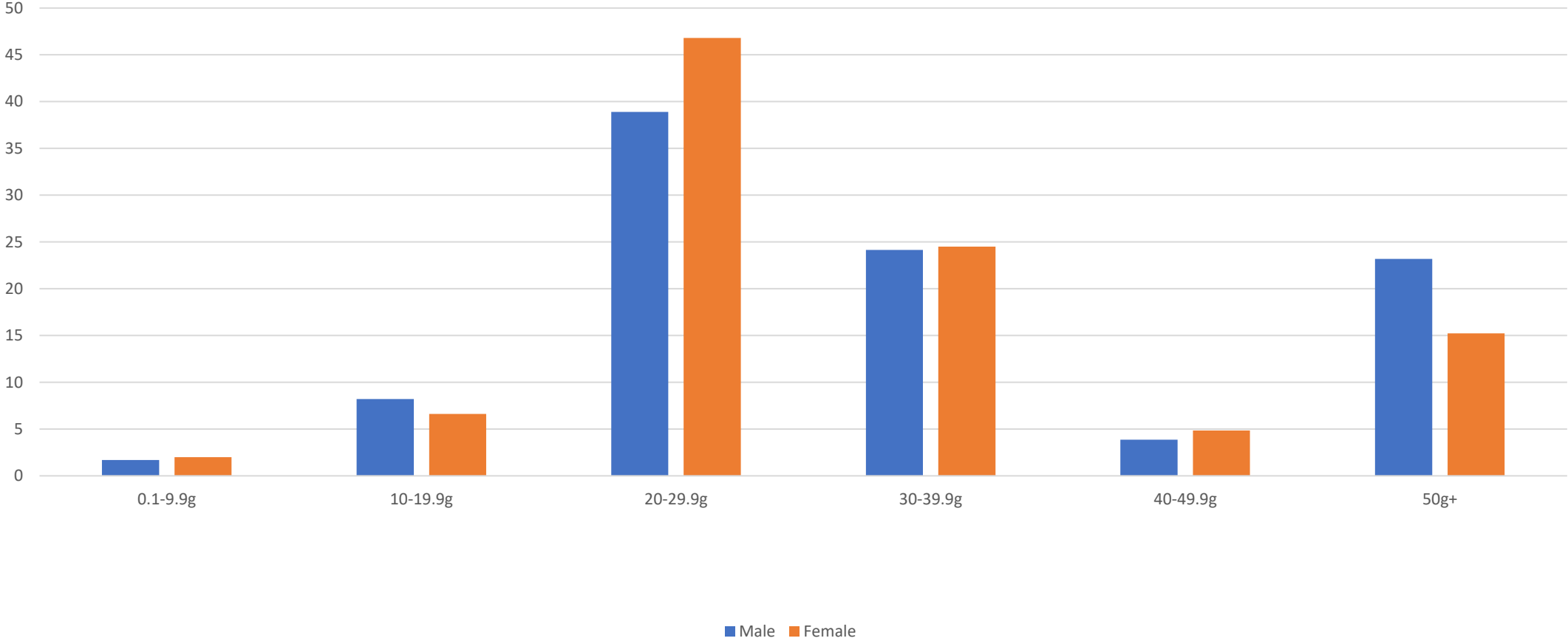
NDNS Rolling Programme Year 13
Crisps and savoury Snacks
Total Consumption (%) by Age Group and Pack Size



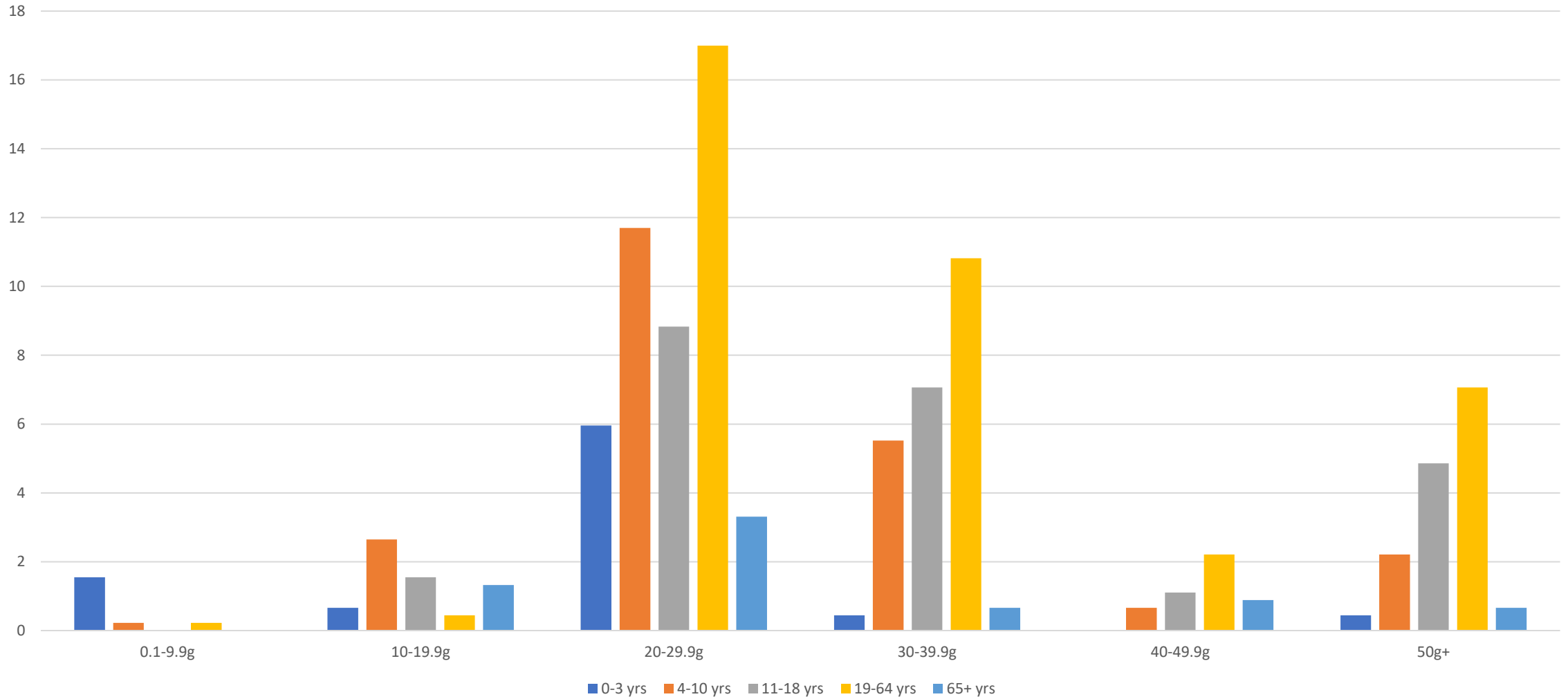
Data from NDNS Rolling Programme Year 13
 Crisps and Savoury Snacks
 % Consumption by Age and Pack Size



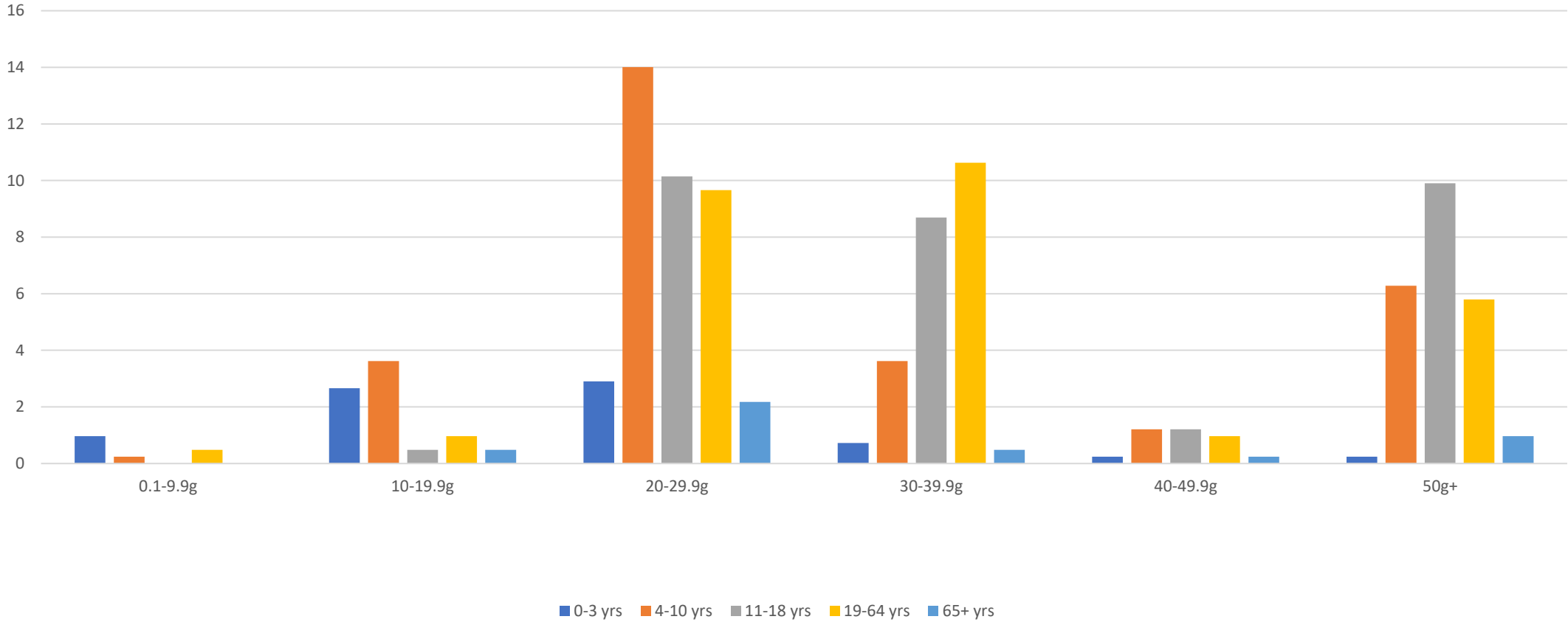
Data from NDNS Rolling Programme Year 13
Crisps and Savoury Snacks
% Consumption by Pack Size and Gender



Data from NDNS Rolling Programme Year 13
Crisps and Savoury Snacks
% Consumption by Pack Size and Age - Females



Data from NDNS Rolling Programme Year 13
 Crisps and Savoury Snacks
 % Consumption by Pack Size and Age - Males

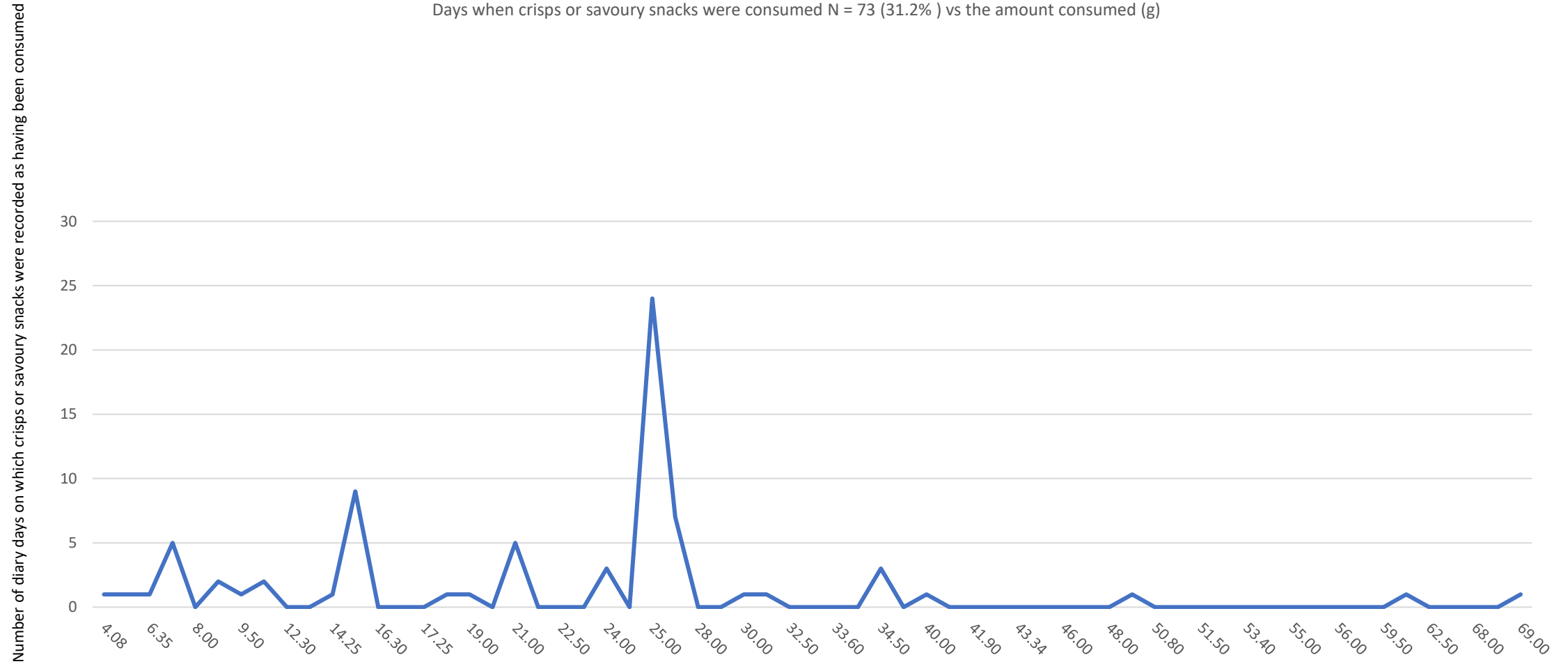


Data from NDNS Rolling Programme Year 13 (2020-2021)

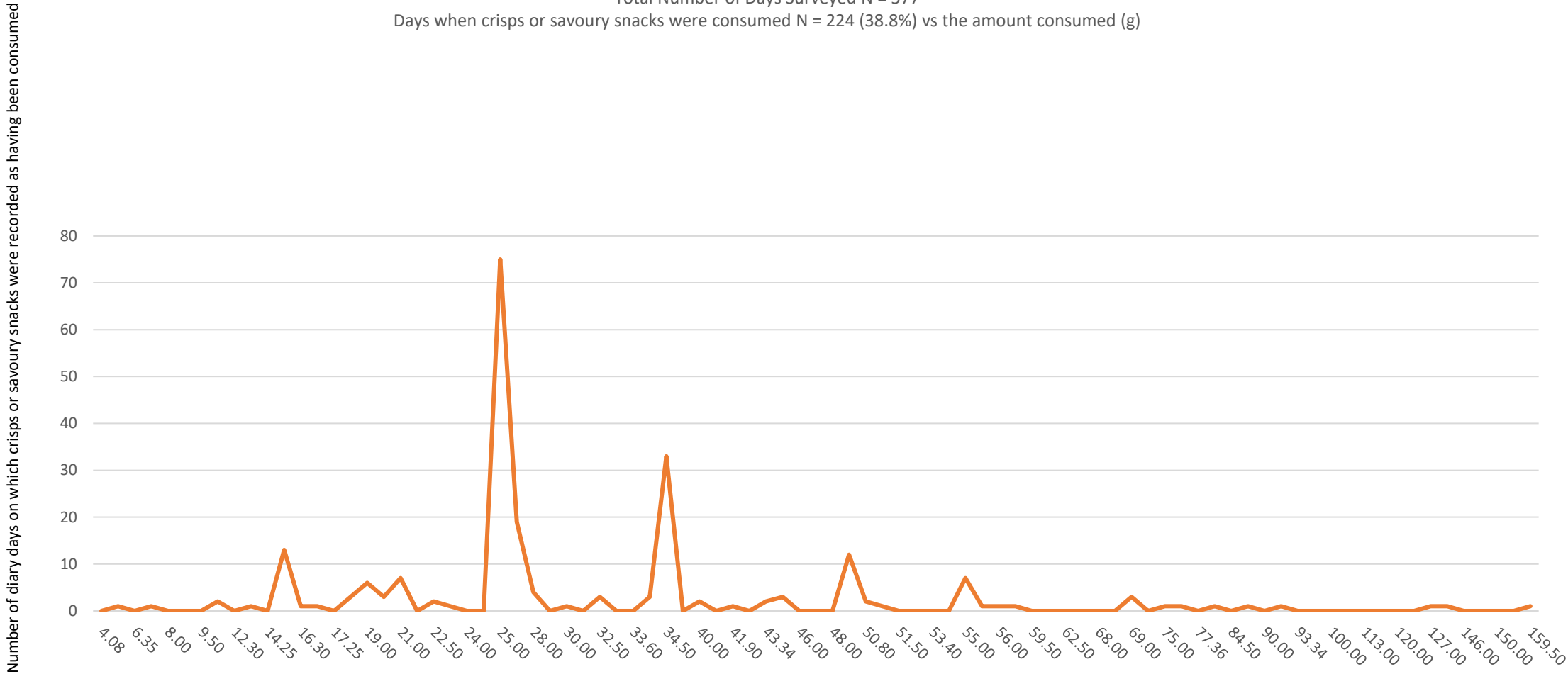
Children Aged 0-3yrs

Total Number of Days Surveyed N = 234

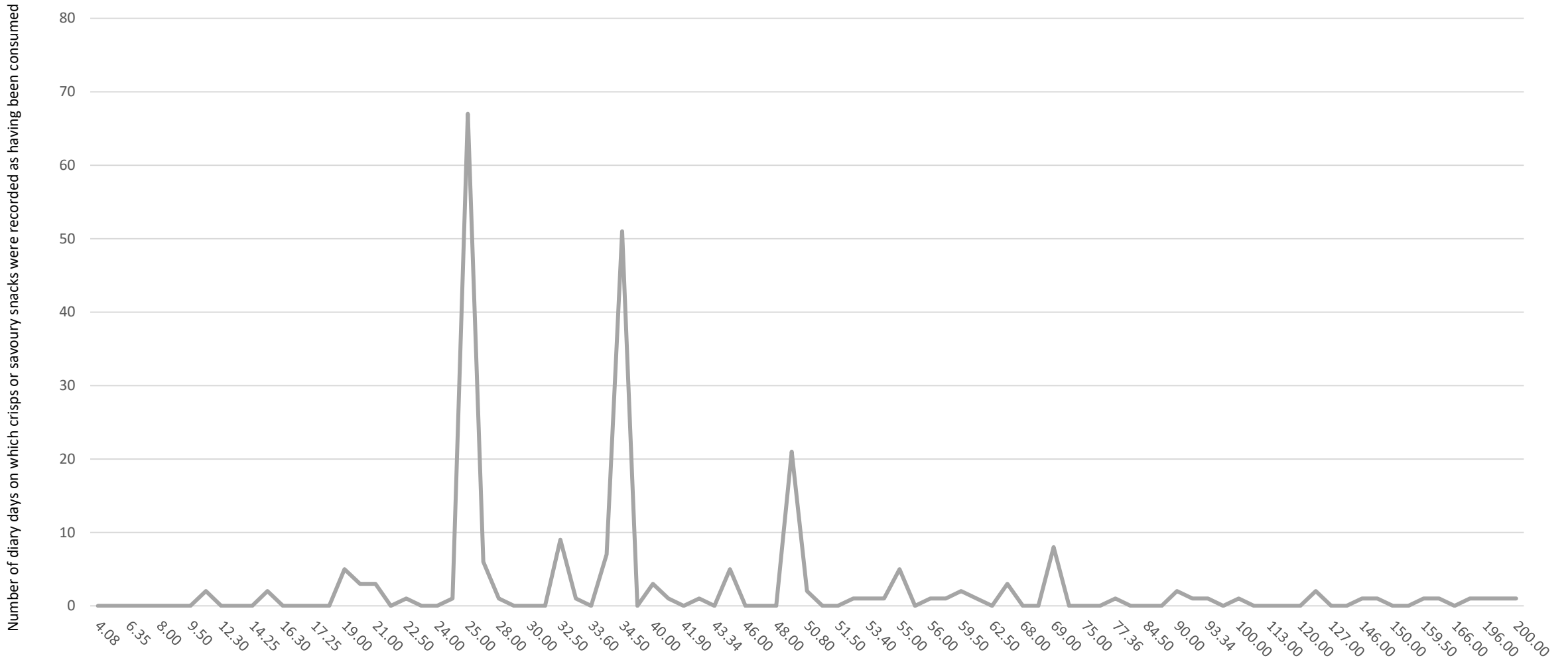
Days when crisps or savoury snacks were consumed N = 73 (31.2%) vs the amount consumed (g)



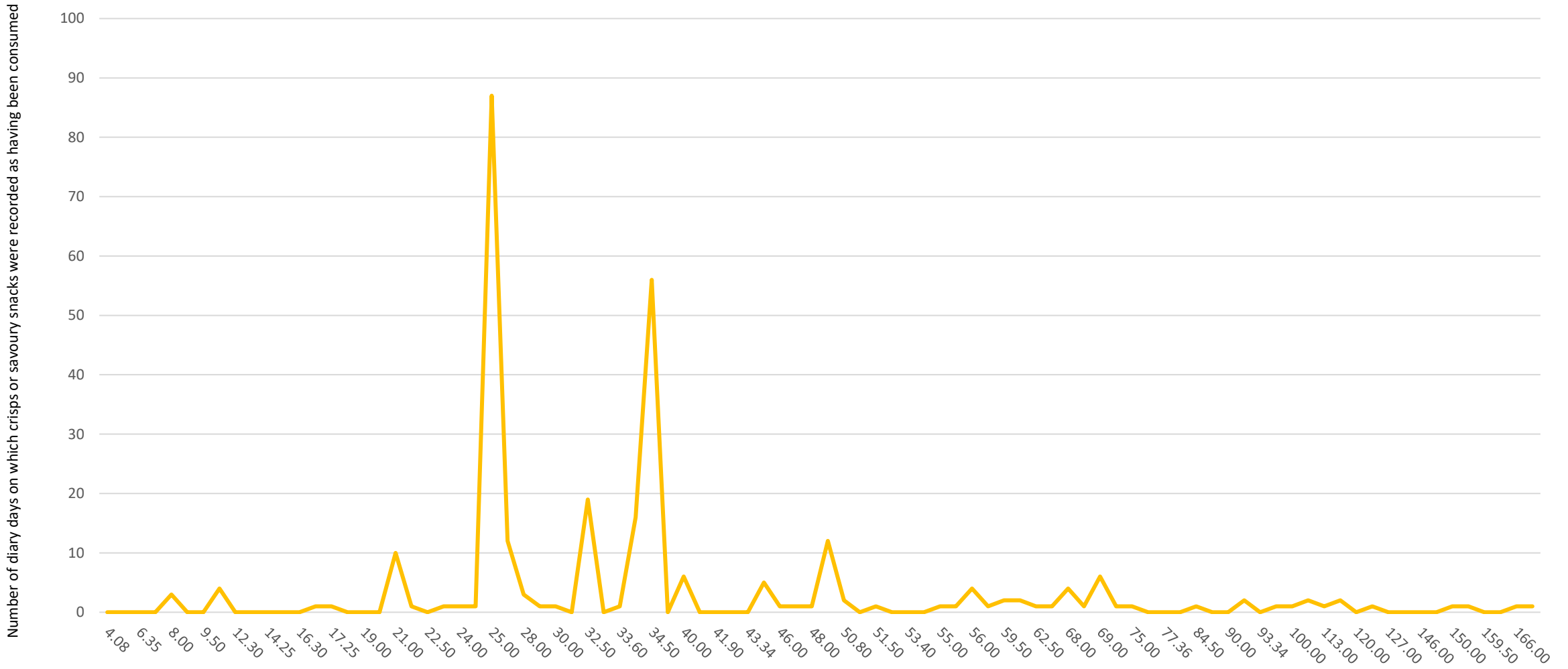
Data from NDNS Rolling Programme Year 13 (2020-2021)
Children Aged 4-10yrs
Total Number of Days Surveyed N = 577
Days when crisps or savoury snacks were consumed N = 224 (38.8%) vs the amount consumed (g)



Data from NDNS Rolling Programme Year 13 (2020-2021)
Children Aged 11-18yrs
Total Number of Days Surveyed N = 614
Days when crisps or savoury snacks were consumed N = 232 (37.8%) vs the amount consumed (g)

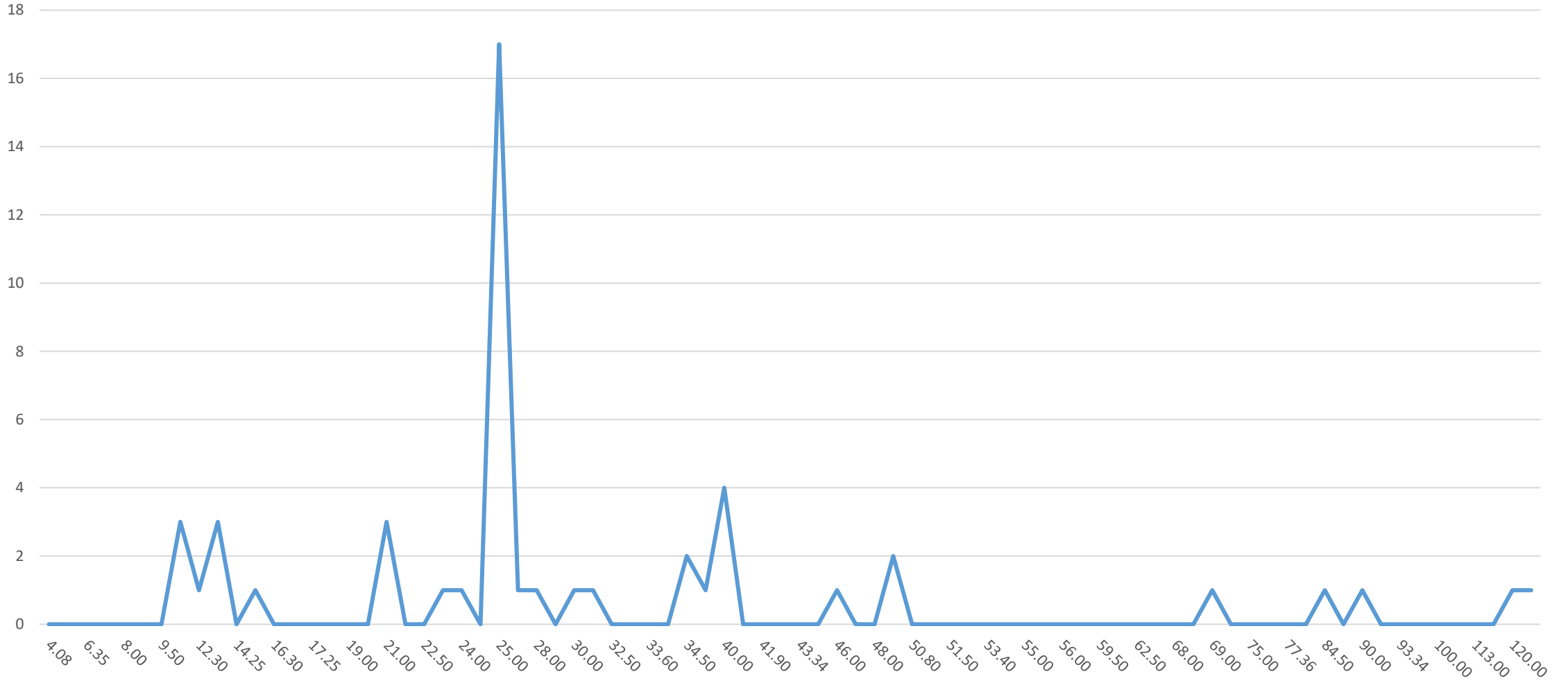


Data from NDNS Rolling Programme Year 13 (2020-2021)
Adults Aged 19-64yrs
Total Number of Days Surveyed N = 1089
Days when crisps or savoury snacks were consumed N = 289 (26.5%) vs the amount consumed (g)



Data from NDNS Rolling Programme Year 13 (2020-2021)
 Adults Aged 65+ yrs
 Total Number of Days Surveyed N = 445
 Days when crisps or savoury snacks were consumed N = 49 (11.0%) vs the amount consumed (g)

Number of diary days on which crisps or savoury snacks were recorded as having been consumed



Data from NDNS Rolling Programme Year 13 (2020-2021)
All Ages
Total Number of Days Surveyed N = 2959
Days when crisps or savoury snacks were consumed N = 867 (29.3%) vs the amount consumed (g)

Number of diary days on which crisps or savoury snacks were recorded as having been consumed

