



Top line analysis of NDNS Y12 (2019-2020) Consumption crisps & savoury snacks

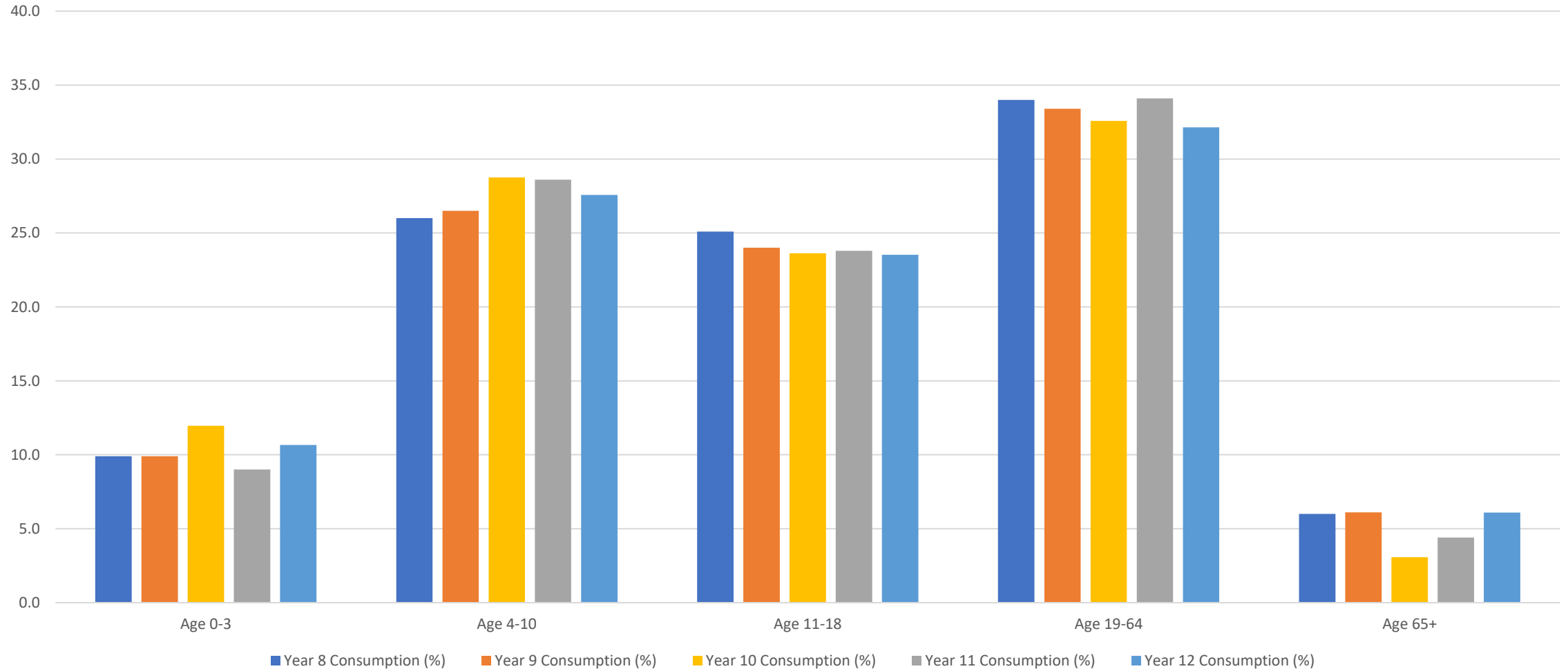
published July 2025

Includes potato and cereal-based snacks, reduced-fat crisps, popcorn (not sweet), twiglets, pretzels, pork scratchings, as well as nut-based snacks, such as salted and coated nuts and Bombay mix*

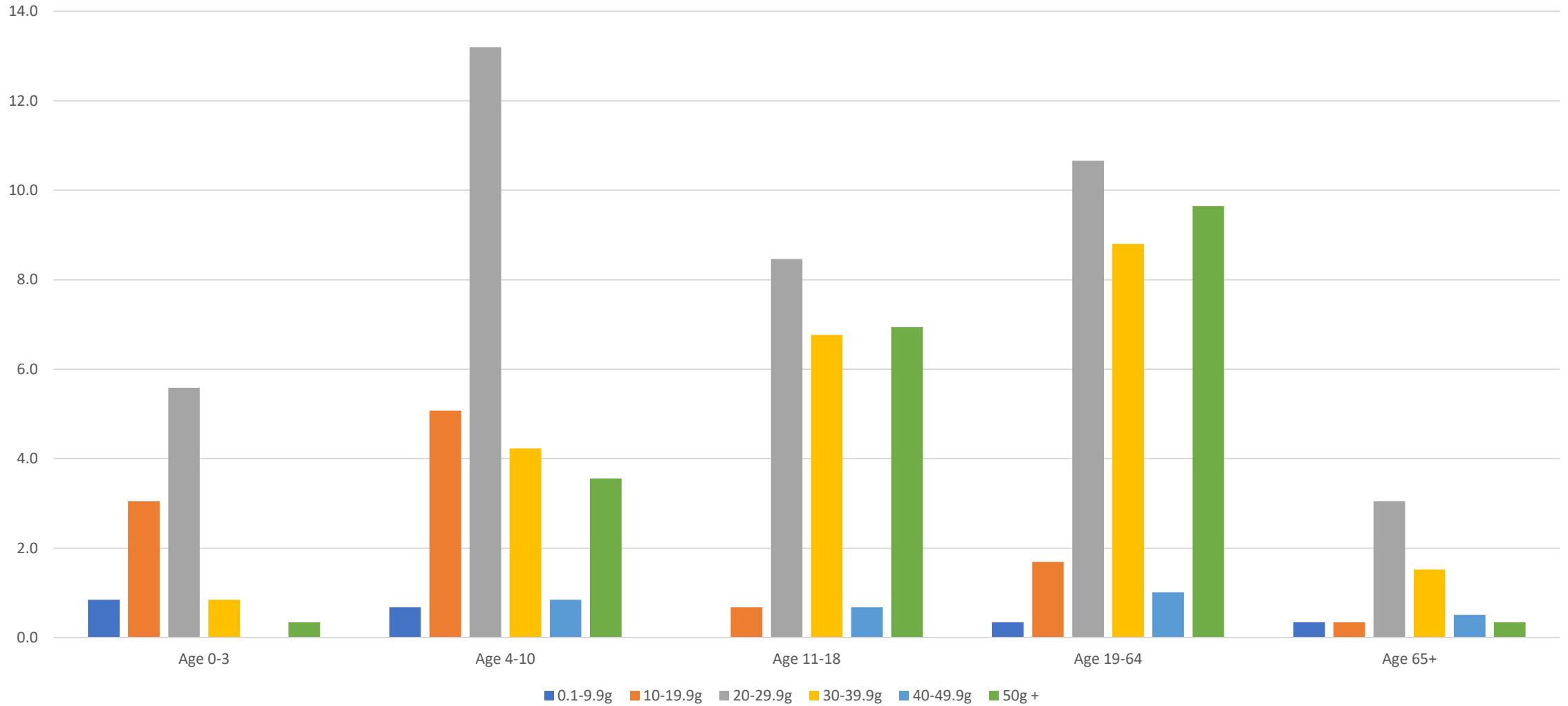
Issued on 23/02/2026

[Note: *Please note that for NDNS Y12-15 (2019-2023), the food grouping system was reviewed and a new structure implemented to better align with government public health priorities (<https://app.box.com/s/dufvwm0hzf2qhaoy3nk5flzs9w3wa01n/file/1880692667668>). See <https://app.box.com/s/240olagj9g8d1401uyrfy179vvhjnk3> for category breakdown. Also, from 2019 (Y12), please note that the dietary assessment method was changed from a paper diary to Intake24 (an online tool) completed on 4 non-consecutive days over a 2-week period. Therefore, it is not possible to compare food consumption and nutrient intakes from 2019 to 2023 with those from previous years (<https://www.gov.uk/government/statistics/national-diet-and-nutrition-survey-2019-to-2023/national-diet-and-nutrition-survey-2019-to-2023-report>). Finally, for Y12, please note that fieldwork and data collection was suspended between March and October 2020 due to the COVID-19 pandemic, resulting in reduced response rates from October 2019-March 2020. The pandemic, along with rising inflation, have had an impact on availability and price, and consequently lifestyle and eating behaviours (<https://app.box.com/s/6hbjj2fi2fyyxh6weu1lgib5p1p4mfsp>)]

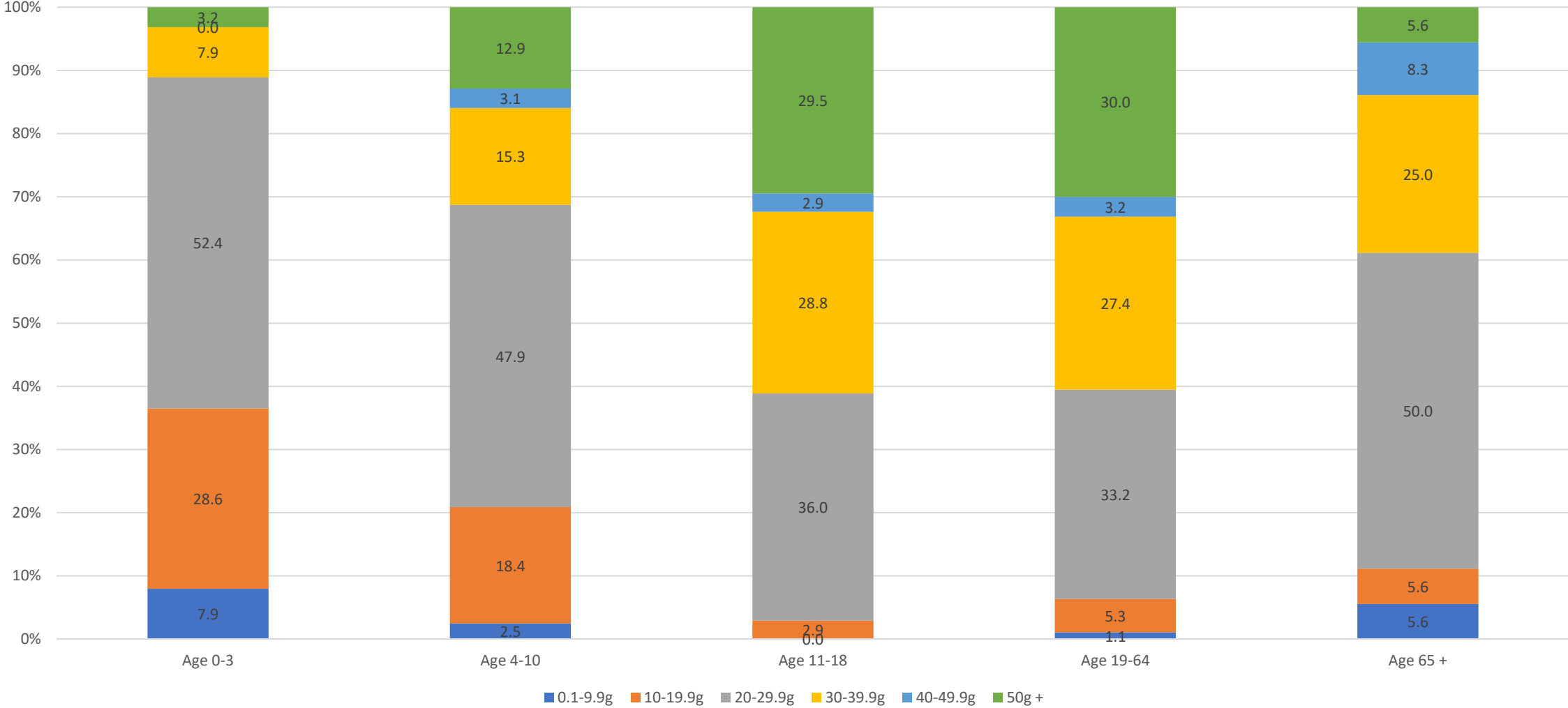
Data from NDNS Rolling Programme Years 8 - 12
Crisps and Savoury Snacks
% Consumption by Age Group



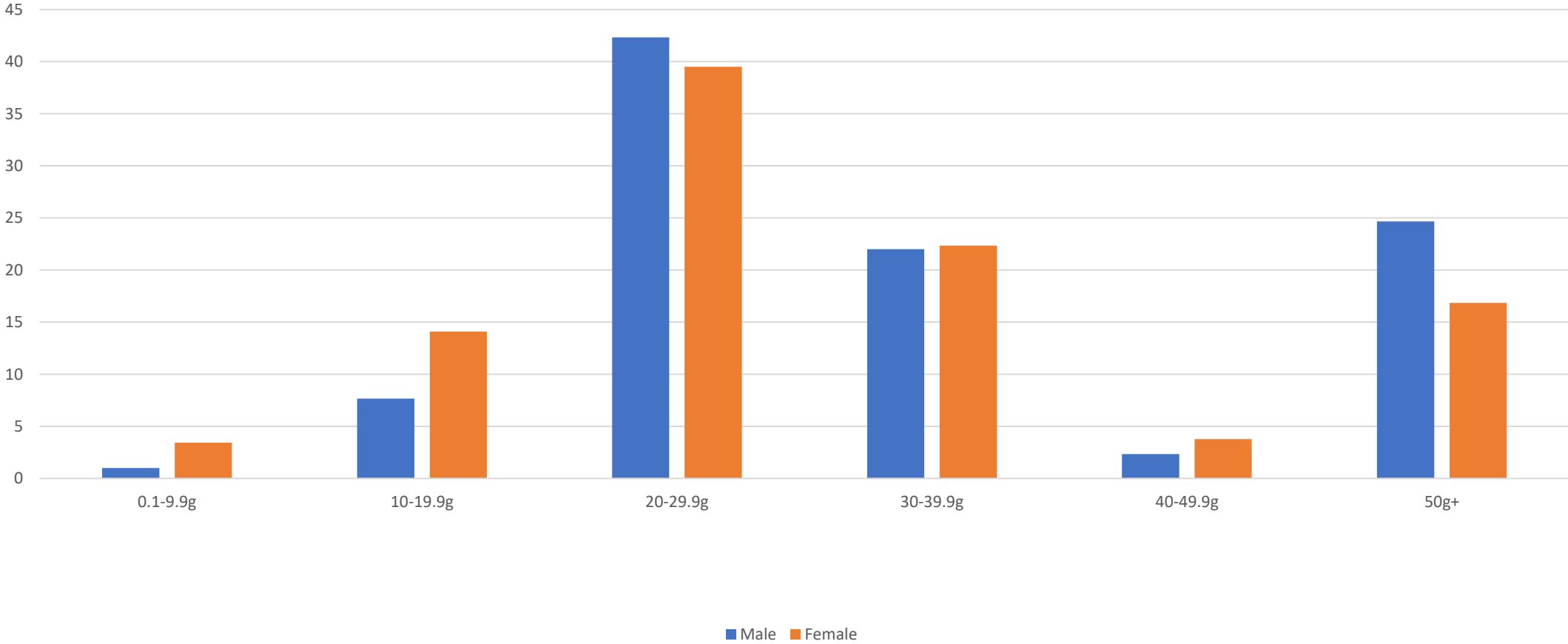
NDNS Rolling Programme Year 12
Crisps and savoury Snacks
Total Consumption (%) by Age Group and Pack Size



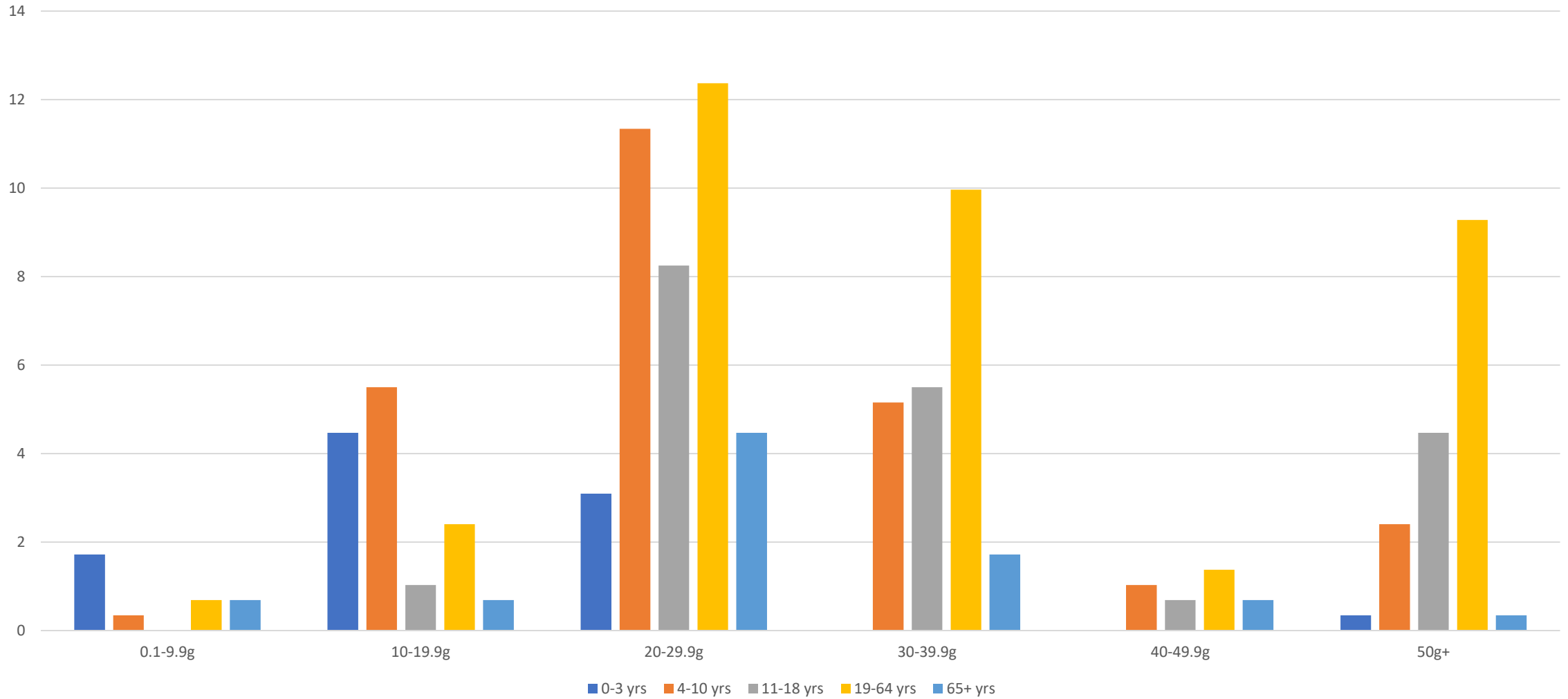
Data from NDNS Rolling Programme Year 12
 Crisps and Savoury Snacks
 % Consumption by Age and Pack Size



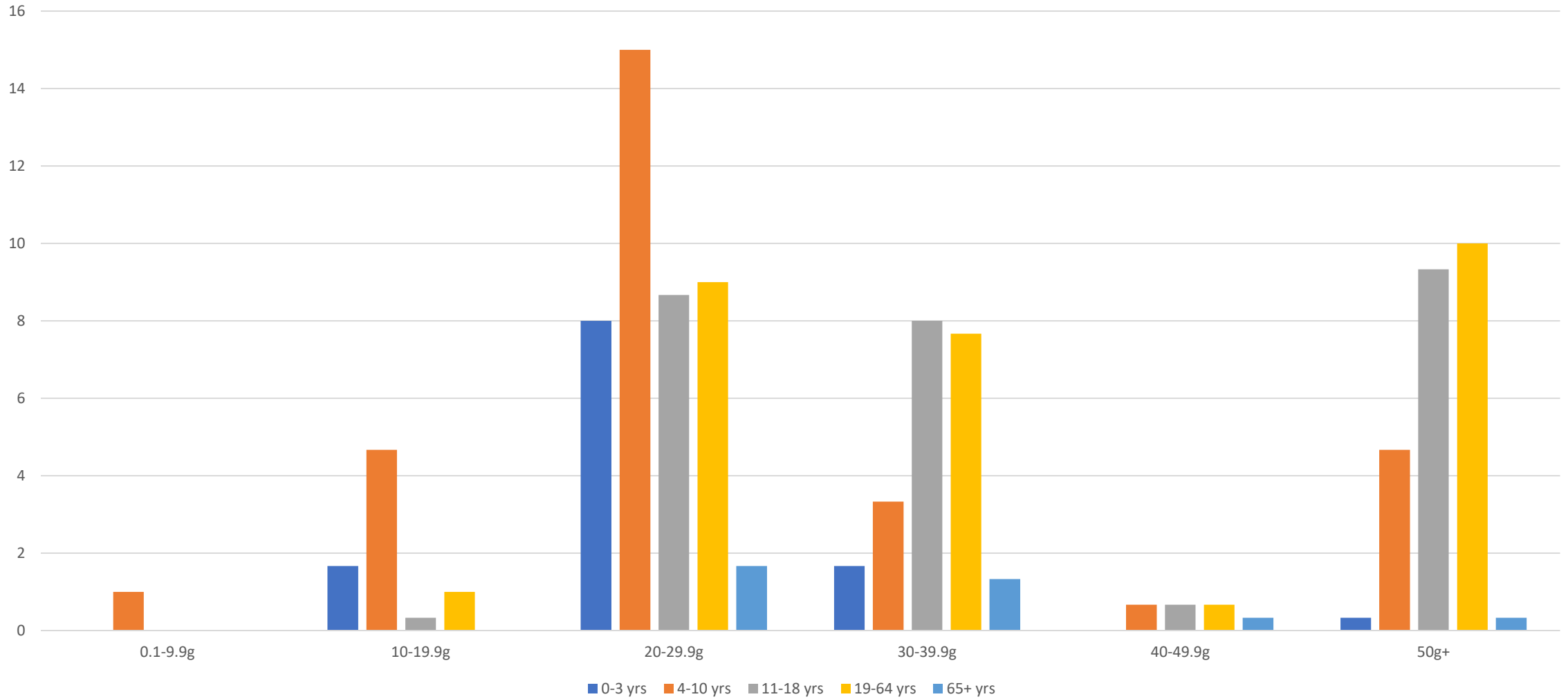
Data from NDNS Rolling Programme Year 12
Crisps and Savoury Snacks
% Consumption by Pack Size and Gender



Data from NDNS Rolling Programme Year 12
Crisps and Savoury Snacks
% Consumption by Pack Size and Age - Females



Data from NDNS Rolling Programme Year 12
Crisps and Savoury Snacks
% Consumption by Pack Size and Age - Males



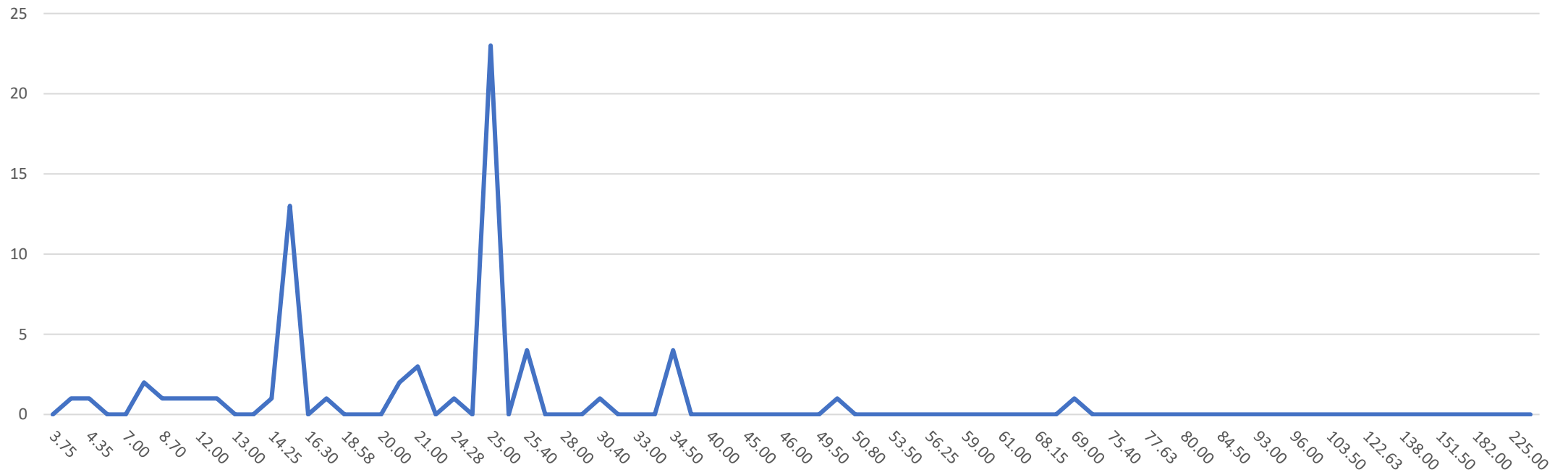
Data from NDNS Rolling Programme Year 12 (2019-2020)

Children Aged 0-3yrs

Total Number of Days Surveyed N = 177

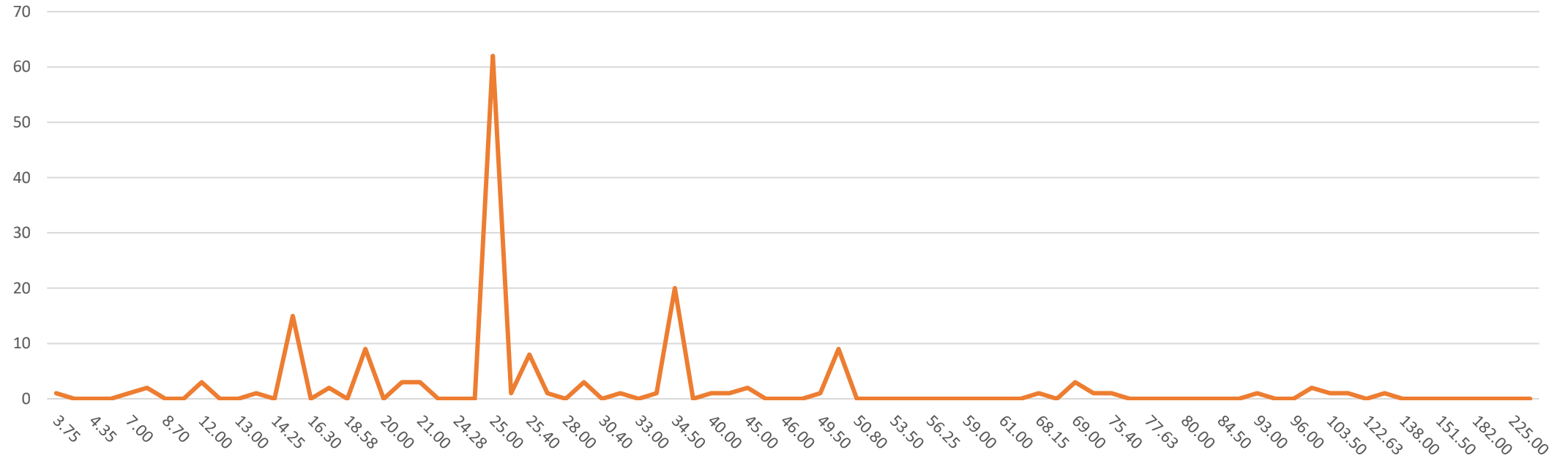
Days when crisps or savoury snacks were consumed N = 63 (35.6%) vs the amount consumed (g)

Number of diary days on which crisps or savoury snacks were recorded as having been consumed

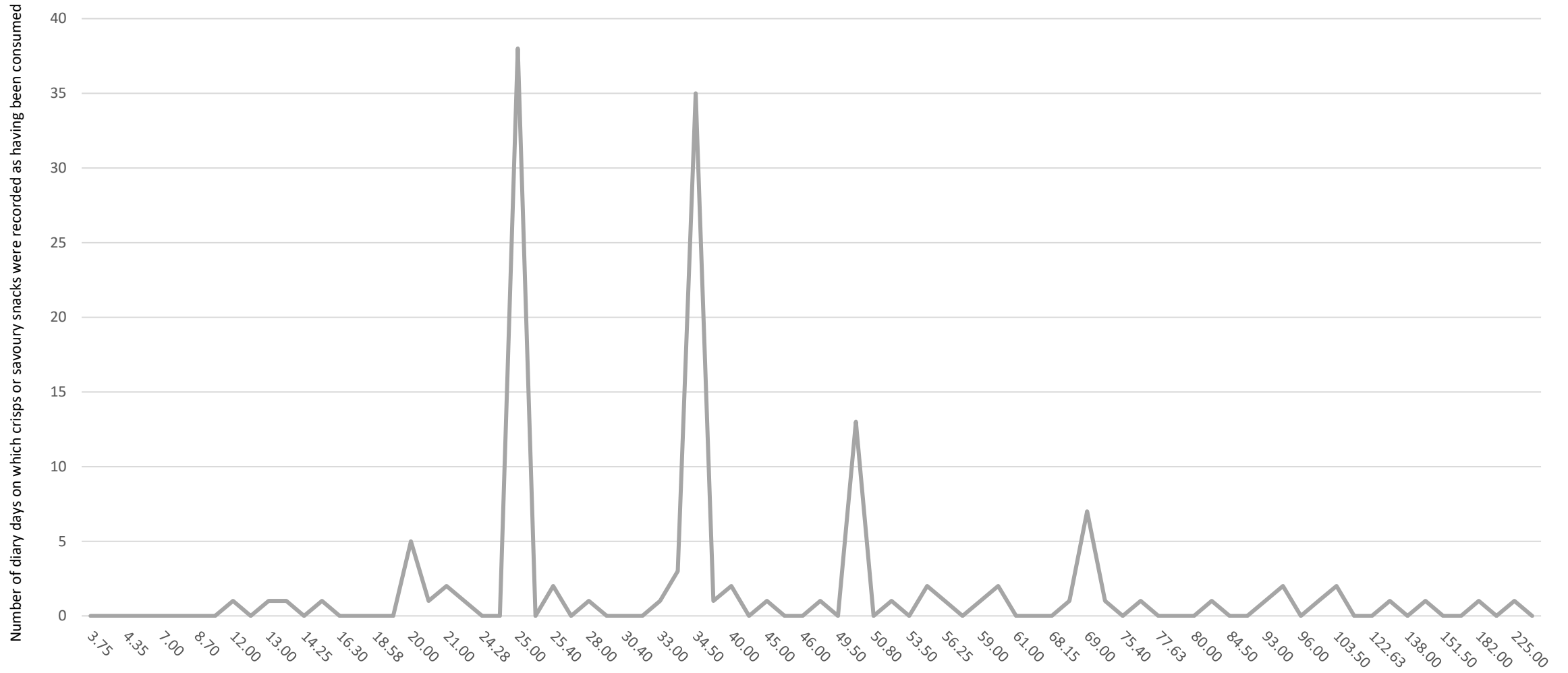


Data from NDNS Rolling Programme Year 12 (2019-2020)
Children Aged 4-10yrs
Total Number of Days Surveyed N = 468
Days when crisps or savoury snacks were consumed N = 163 (34.8%) vs the amount consumed (g)

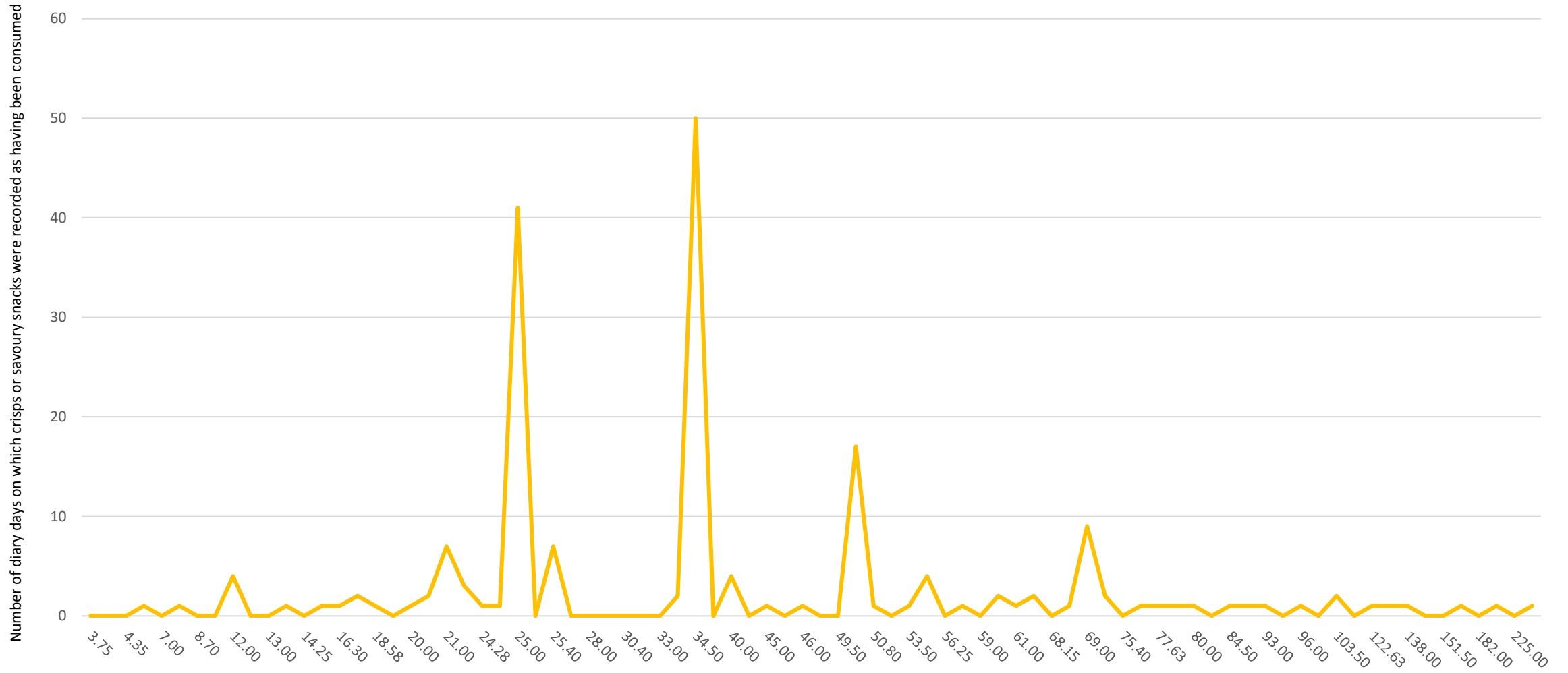
Number of diary days on which crisps or savoury snacks were recorded as having been consumed



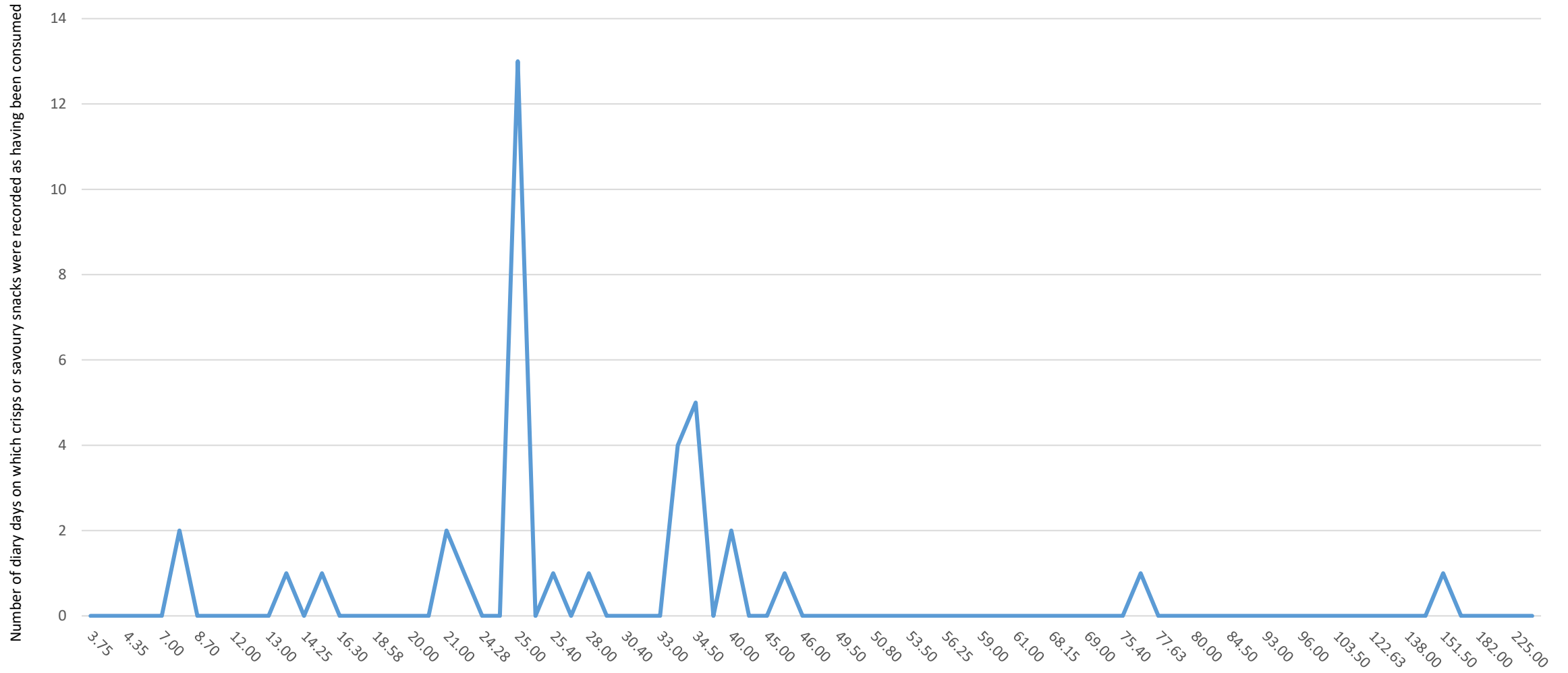
Data from NDNS Rolling Programme Year 12 (2019-2020)
 Children Aged 11-18yrs
 Total Number of Days Surveyed N = 341
 Days when crisps or savoury snacks were consumed N = 139 (40.8%) vs the amount consumed (g)



Data from NDNS Rolling Programme Year 12 (2019-2020)
Adults Aged 19-64yrs
Total Number of Days Surveyed N = 791
Days when crisps or savoury snacks were consumed N = 190 (24.0%) vs the amount consumed (g)



Data from NDNS Rolling Programme Year 12 (2019-2020)
 Adults Aged 65+ yrs
 Total Number of Days Surveyed N = 259
 Days when crisps or savoury snacks were consumed N = 36 (13.9%) vs the amount consumed (g)



Data from NDNS Rolling Programme Year 12 (2019-2020)
All Ages
Total Number of Days Surveyed N = 2036
Days when crisps or savoury snacks were consumed N = 591 (29.0%) vs the amount consumed (g)

Number of diary days on which crisps or savoury snacks were recorded as having been consumed

