



Top line analysis of NDNS Y13 (2020-2021) Consumption chips & fried potatoes

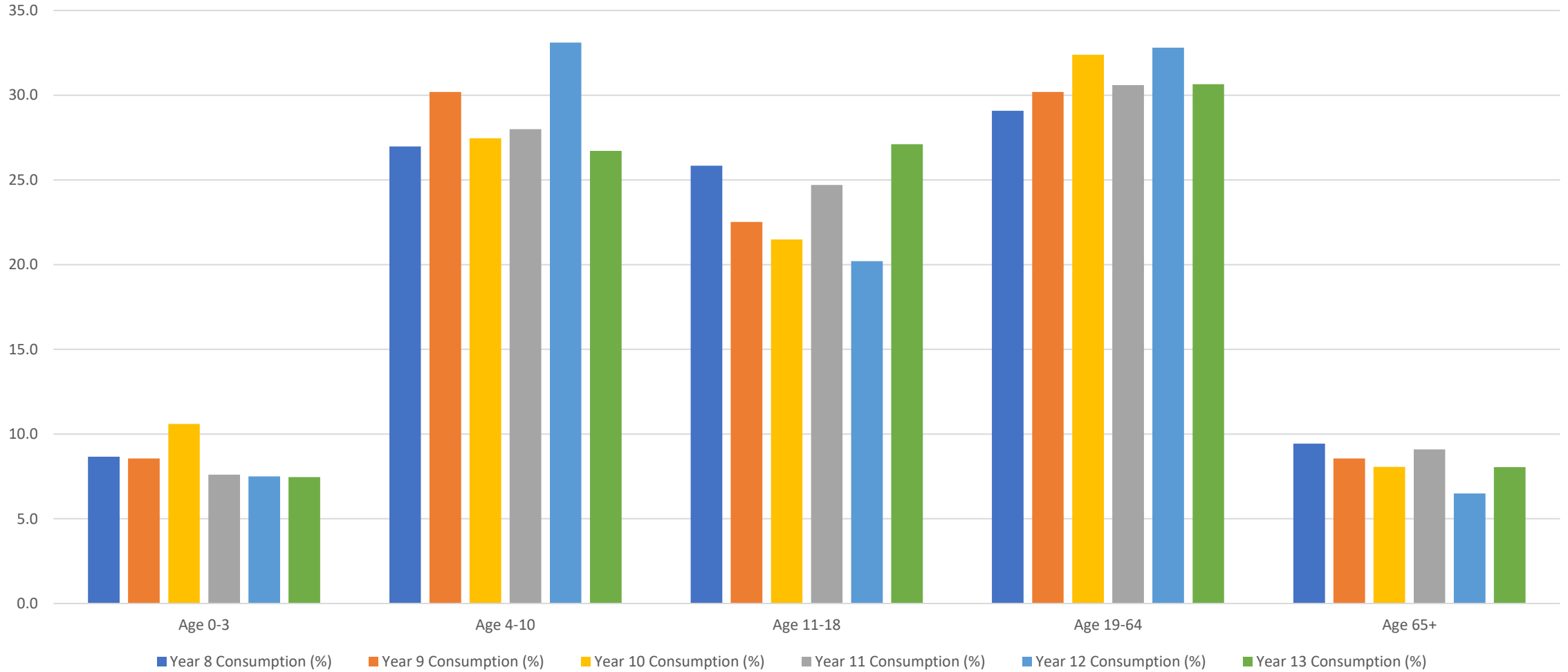
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Includes all types of chips and fried potatoes, e.g. French fries, fresh, frozen, oven and microwave. Including homemade, takeaway and restaurant*

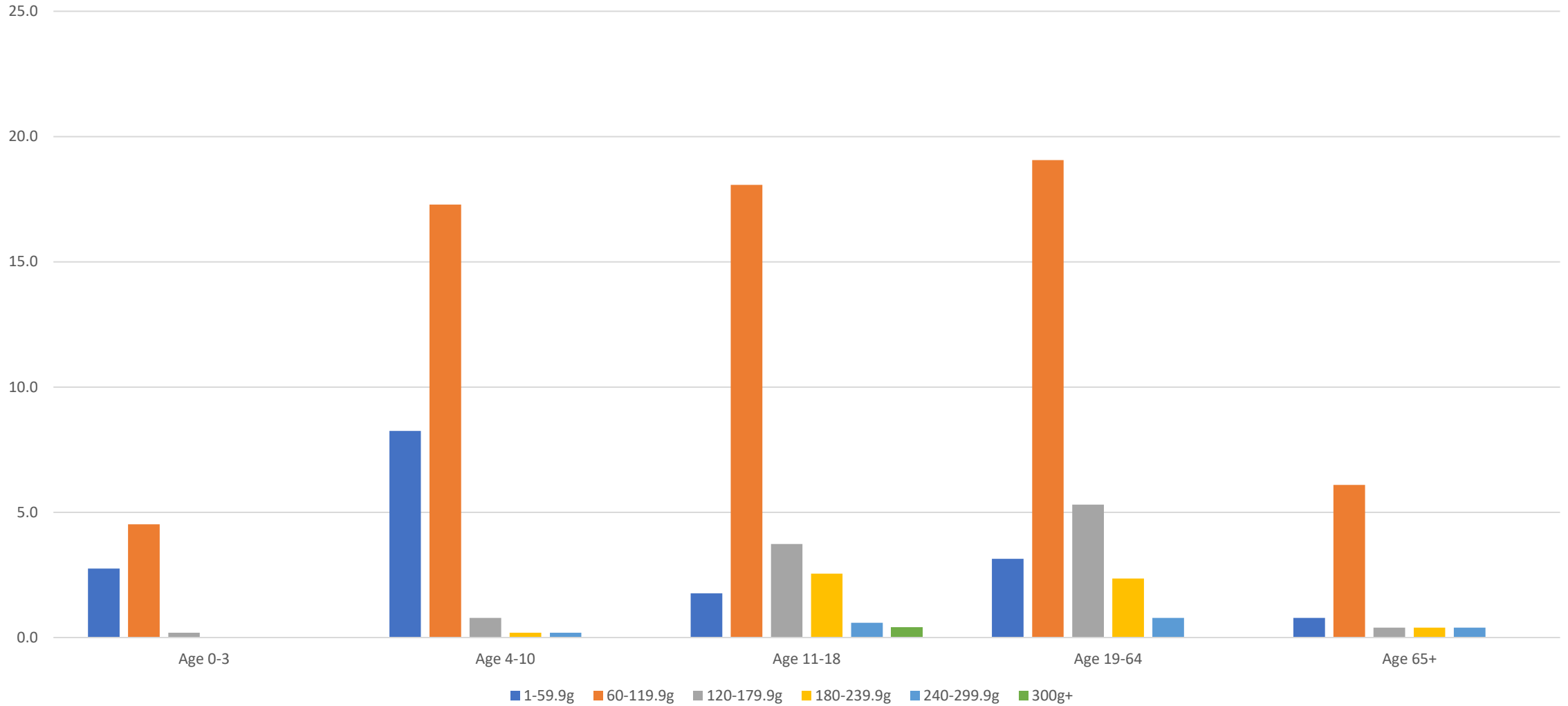
Issued on 23/02/2026

[Note: *Please note that for NDNS Y12-15 (2019-2023), the food grouping system was reviewed and a new structure implemented to better align with government public health priorities (<https://app.box.com/s/dufvwm0hzhf2qhaoy3nk5flzs9w3wa01n/file/1880692667668>). See <https://app.box.com/s/240olagj9g8d1401uyrfy179vvhjnk3> for category breakdown. Also, from 2019 (Y12), please note that the dietary assessment method was changed from a paper diary to Intake24 (an online tool) completed on 4 non-consecutive days over a 2-week period. Therefore, it is not possible to compare food consumption and nutrient intakes from 2019 to 2023 with those from previous years (<https://www.gov.uk/government/statistics/national-diet-and-nutrition-survey-2019-to-2023/national-diet-and-nutrition-survey-2019-to-2023-report>). For Y13, the COVID-19 pandemic, along with rising inflation, have had an impact on data collection, as well as food availability and price, and consequently lifestyle and eating behaviours (<https://app.box.com/s/6hbjj2fi2fyyxh6weu1lgib5p1p4mfsp>)]

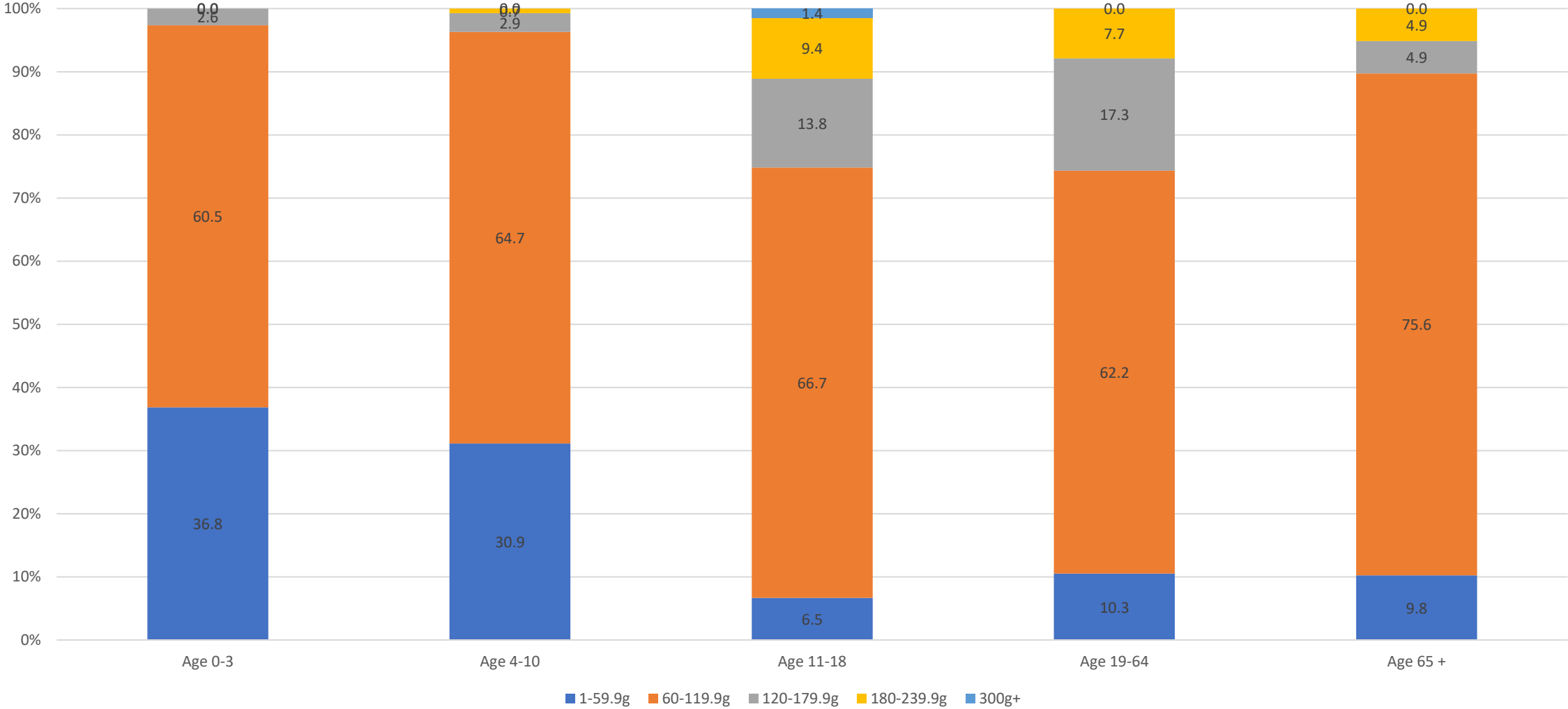
Data from NDNS Rolling Programme Years 8 - 13
Chips & fried potatoes
% Consumption by Age Group



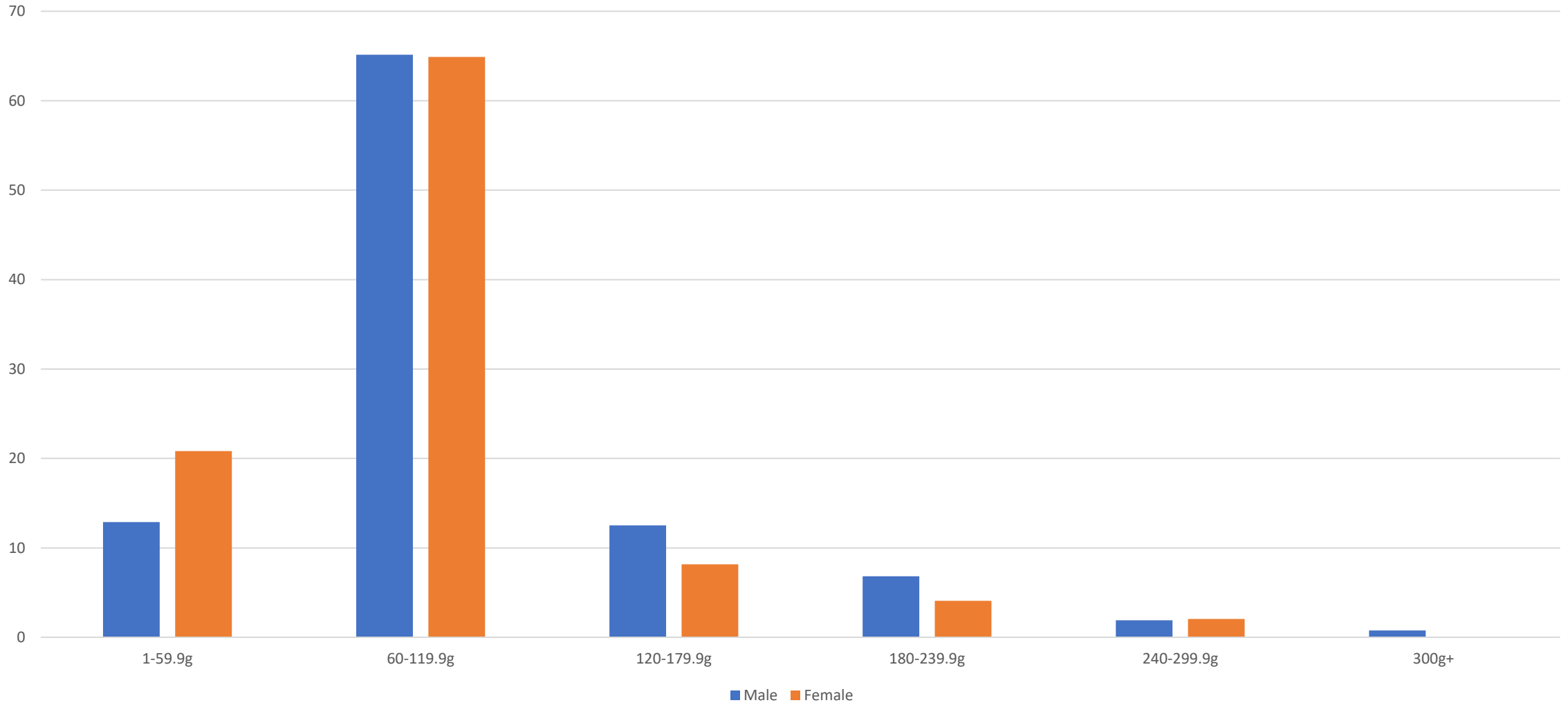
NDNS Rolling Programme Year 13
 Chips & fried potatoes
 Total Consumption (%) by Age Group and Portion Size



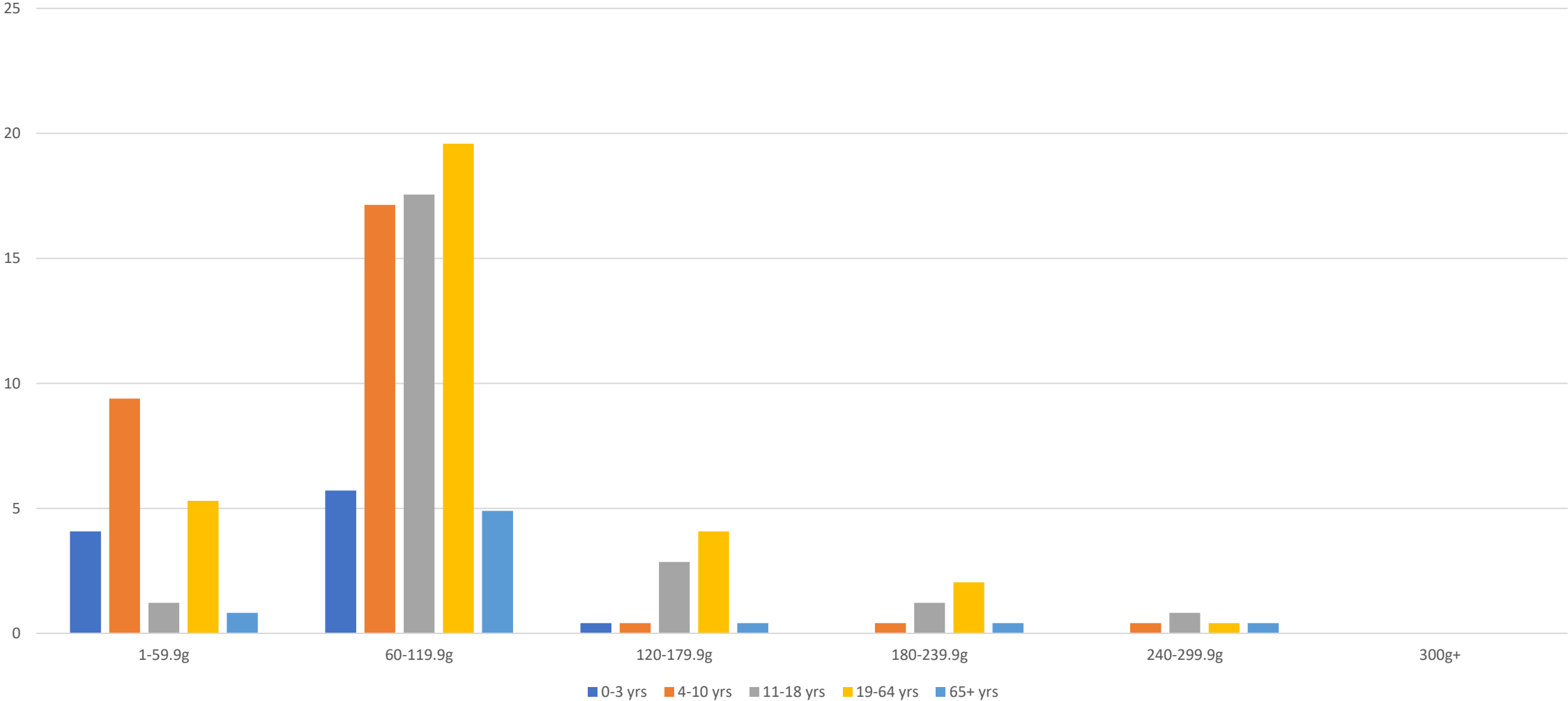
Data from NDNS Rolling Programme Year 13
 Chips & fried potatoes
 % Consumption by Age and Portion Size



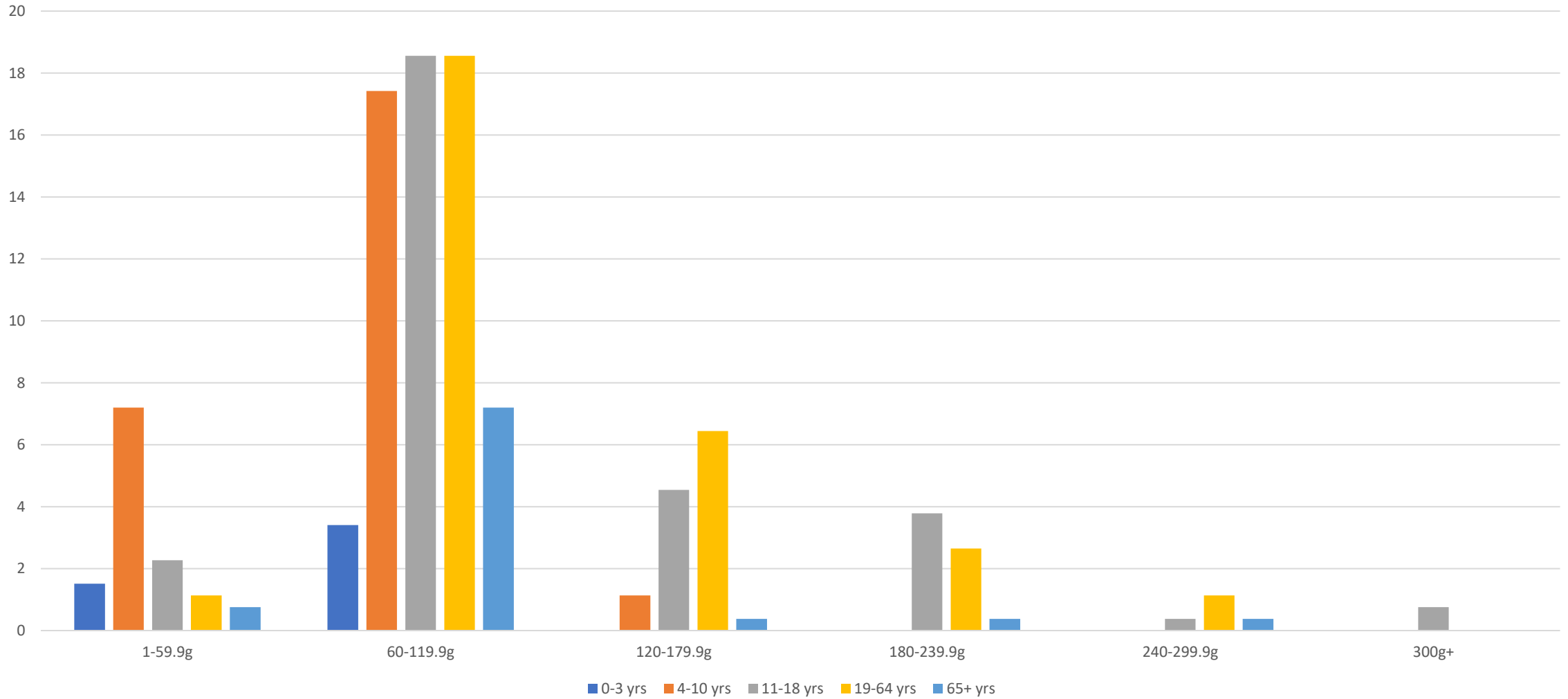
Data from NDNS Rolling Programme Year 13
Chips & fried potatoes
% Consumption by Portion Size and Gender



Data from NDNS Rolling Programme Year 13
Chips & fried potatoes
% Consumption by Portion Size and Age - Females

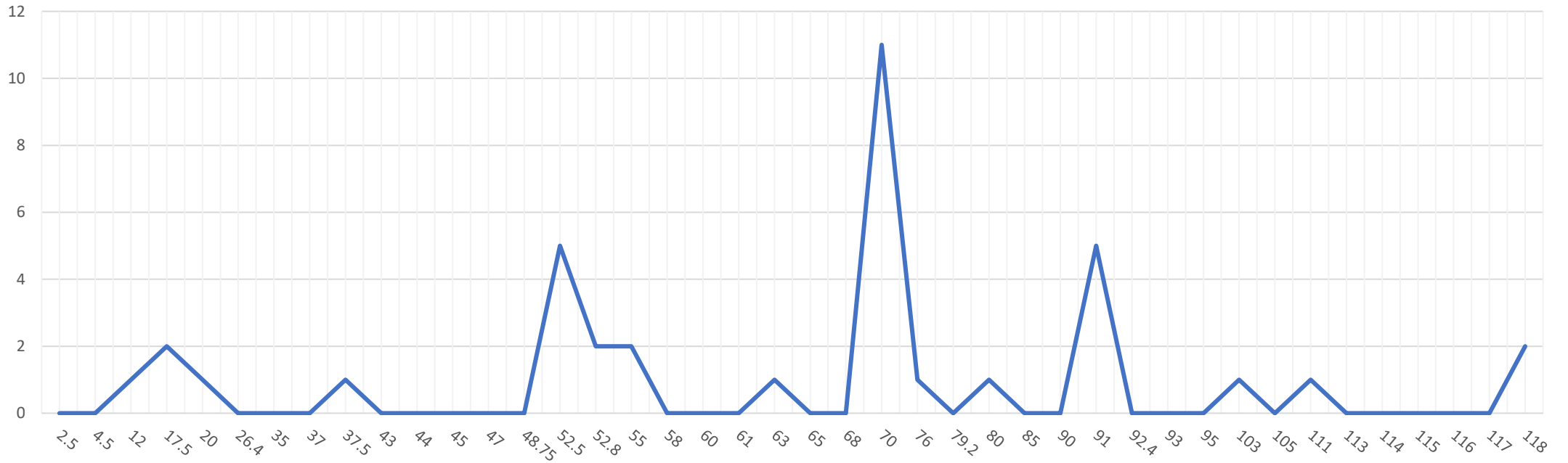


Data from NDNS Rolling Programme Year 13
Chips & fried potatoes
% Consumption by Pack Size and Age - Males



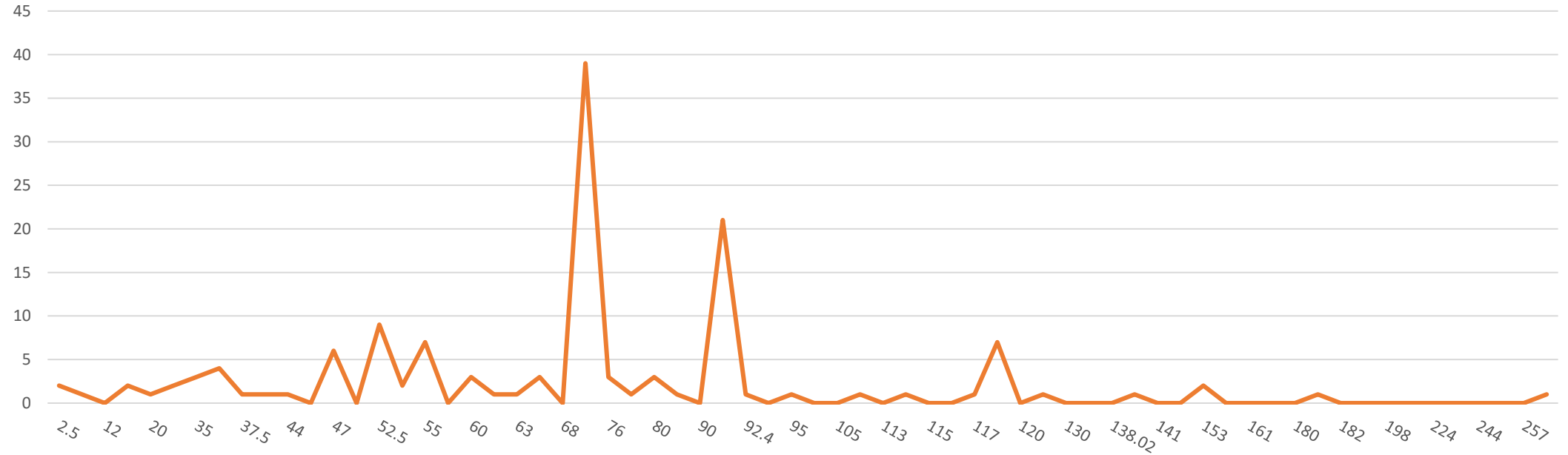
Data from NDNS Rolling Programme Year 13 (2020-2021)
 Children Aged 0-3yrs
 Total Number of Days Surveyed N = 234
 Days when chips & fried potatoes were consumed N = 38 (16.2%) vs the amount consumed (g)

Number of diary days on which chips & fried potatoes were recorded as having been consumed



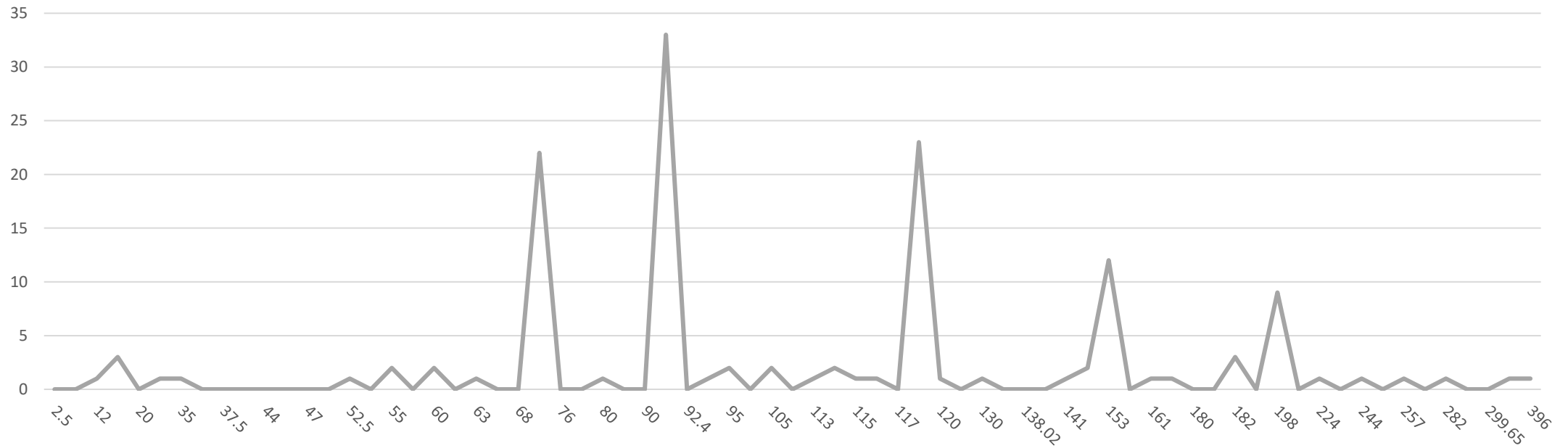
Data from NDNS Rolling Programme Year 13 (2020-2021)
 Children Aged 4-10yrs
 Total Number of Days Surveyed N = 578
 Days when chips & fried potatoes were consumed N = 136 (23.6%) vs the amount consumed (g)

Number of diary days on which chips & fried potatoes were recorded as having been consumed



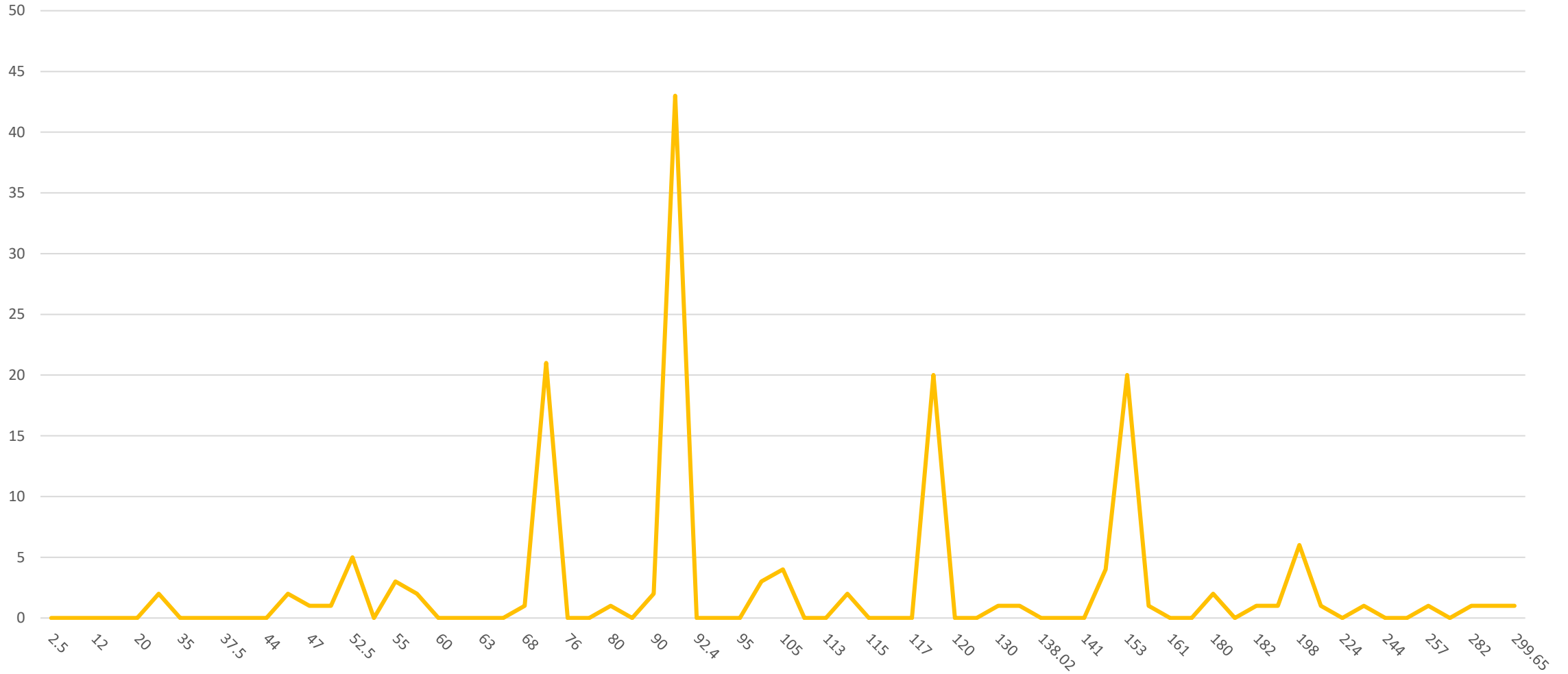
Data from NDNS Rolling Programme Year 13 (2020-2021)
 Children Aged 11-18yrs
 Total Number of Days Surveyed N = 614
 Days when chips & fried potatoes were consumed N = 138 (22.5%) vs the amount consumed (g)

Number of diary days on which chips & fried potatoes were recorded as having been consumed

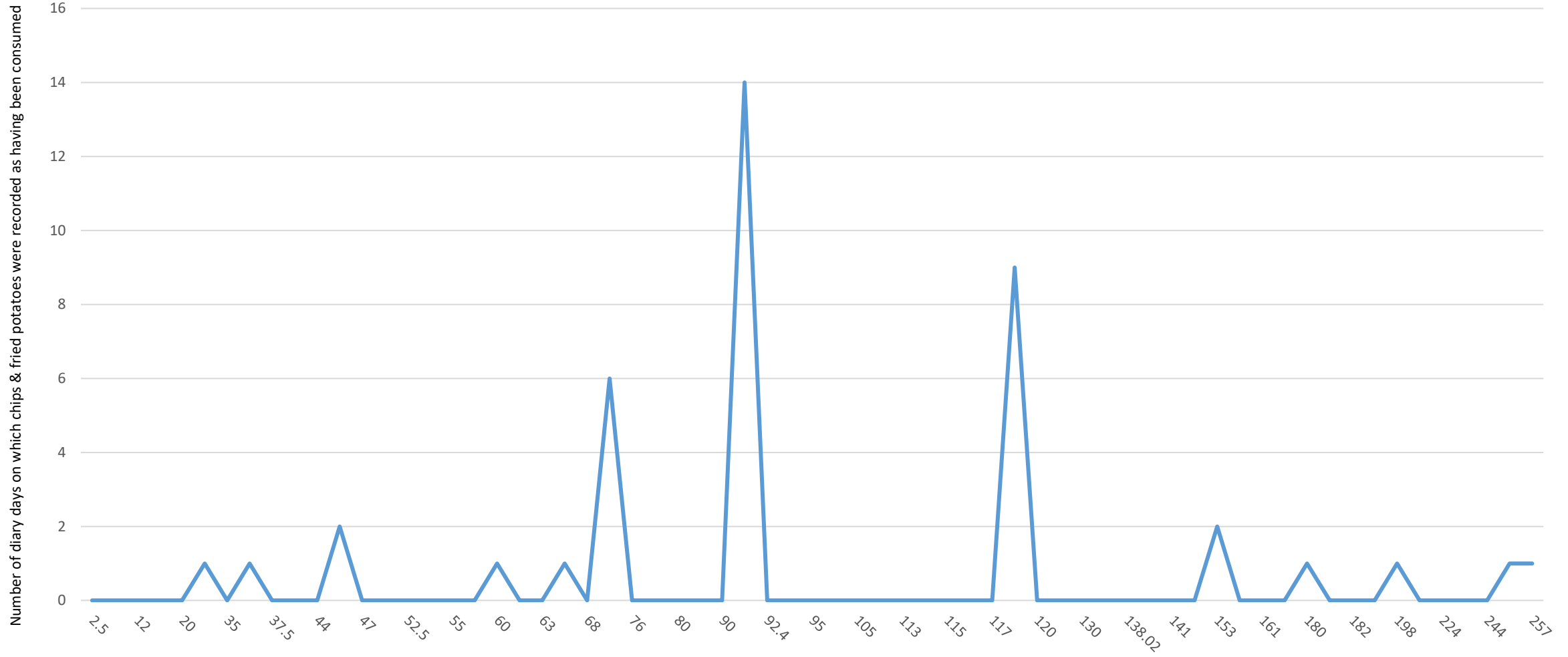


Data from NDNS Rolling Programme Year 13 (2020-2021)
 Adults Aged 19-64yrs
 Total Number of Days Surveyed N = 1089
 Days when chips & fried potatoes were consumed N = 156 (14.3%) vs the amount consumed (g)

Number of diary days on which chips & fried potatoes were recorded as having been consumed



Data from NDNS Rolling Programme Year 13 (2020-2021)
Adults Aged 65+ yrs
Total Number of Days Surveyed N = 445
Days when chips & fried potatoes were consumed N = 41 (9.2%) vs the amount consumed (g)



Data from NDNS Rolling Programme Year 13 (2020-2021)

All Ages

Total Number of Days Surveyed N = 2959

Days when chips & fried potatoes were consumed N = 509 (17.2%) vs the amount consumed (g)

Number of diary days on which chips & fried potatoes were recorded as having been consumed

