

## Political, Nutrition and Health Issue Tracker



Changes since last issue circulated (12 January 2026) are highlighted in **RED**

<b>Key meeting dates</b>		
Business Expert Group (BExG)	• <b>Food Standards and Labelling</b>	28/04/2026, 14/07/2026, 20/10/2026
Codex	• <b>Executive Committee</b>	29/06-03/07/2026
	• <b>FAO/WHO Coordinating Committee for Europe</b>	TBC
	• <b>Codex Alimentarius Commission (CAC)</b>	06-10/07/2026
	• <b>Codex Committee on Food Labelling</b>	11-15/05/2026
	• <b>Codex Committee on Nutrition and Foods for Special Dietary Uses</b>	02-06/11/2026
EFSA	• <b>NDA</b>	04-05/03/2026, 28/04/2026, 27-28/05/2026, 01-02/07/2026, 29-30/09/2026, 22/10/2026, 25-26/11/2026, 16/12/2026
European Commission	• <b>SCoPAFF - General food law</b>	12/02/2026, 15/04/2026, 13/05/2026, 01/07/2026, 16/10/2026
ESA	• <b>EC Regulatory Group (ECR)</b>	03/03/2026, 16/06/2026, 01/10/2026, 13/11/2026
	• <b>Public Affairs Committee (PAC)</b>	12/03/2026, 16/06/2026, 30/09/2026, 12/11/2026
	• <b>Nut Processors Working Group (NPWG)</b>	11/03/2026, 16/06/2026, 17/09/2026, 05/11/2026
FoodDrinkEurope	• <b>Health Committees</b>	12/02/2026 (SG), 16/02/2026, 13/05/2026 (SG), 19/05/2026, 07/10/2026 (SG), 08/10/2026
	• <b>INCO</b>	29/04/2026, 24/09/2026
	• <b>NUTRITION Working Group</b>	29/04/2026, 24/09/2026
FDF	• <b>Nutrition Committee (NWG)</b>	13/05/2026, 15/09/2026, 19/11/2026
	• <b>Food Law and Labelling Committee (FLL)</b>	12/03/2026, 18/06/2026, 16/09/2026, 19/11/2026
	• <b>Diet and Health Committee</b>	18/03/2026, 23/06/2026, 08/10/2026
	• <b>Corporate Affairs Group</b>	<b>24/02/2026, 19/03/2026</b>
IGD	• <b>IGD's Industry Nutrition Network (INN)</b>	TBC
PPA	• <b>Board</b>	2026 dates TBC
	• <b>Food Law and Consumer committee (FLC)</b>	<b>10/03/2026, 30/06/2026, 11/11/2026</b>
SACN	• <b>SACN</b>	12/03/2026, 17-18/06/2026 (meeting and horizon scan), 19/11/2026
UKNHCC	• <b>UKNHCC</b>	24/03/2026, 14/05/2026, 22/09/2026, 24/11/2026

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<b>July 2025</b>
<ul style="list-style-type: none"><li>• <a href="#">10-year Health Plan for England ('Fit for the Future')</a> (3 July)</li><li>• <a href="#">WG implementation guidance on HFSS promotion restrictions</a> (10 July)</li><li>• Welsh Parliament in recess (21 July – 14 September)</li><li>• UK Parliament in recess (22 July – 1 September)</li><li>• <a href="#">Defra Food Strategy outcomes framework</a> (15 July)</li><li>• <a href="#">DHSC consultation on secondary legislation excluding 'brand advertising' from scope of UK Regulation on LHF Advertising restrictions</a> (16 July)</li></ul>
<b>August 2025</b>
N/A
<b>September 2025</b>
<ul style="list-style-type: none"><li>• UK Parliament in recess (16 September – 13 October)</li><li>• BNF Snack-tember (Sep.25)</li><li>• <a href="#">DHSC response to the consultation on brand advertising exemption from LHF advertising restrictions</a> (10 September)</li><li>• <a href="#">The Advertising (Less Healthy Food and Drink) (Brand Advertising Exemption) Regulations 2025</a> published (10 September)</li><li>• <a href="#">NI NDNS (2017-2023)</a> (15 September)</li><li>• <a href="#">CAP/BCAP consultation on implementation guidance on LHF advertising restrictions</a> (18 September)</li><li>• <a href="#">NI Nutritional Standards for food served to staff and visitors across Health and Social Care settings revision</a> published (25 September)</li><li>• <a href="#">HWHW Delivery Plan 2025-2027</a> (30 September)</li></ul>
<b>October 2025</b>
<ul style="list-style-type: none"><li>• <a href="#">England HFSS Volume Price restrictions</a> come into force (1 October)</li><li>• UK-wide VOLUNTARY application of <a href="#">LHF advertising restrictions</a> 9pm TV watershed and paid-for online content applies (1 October)</li><li>• Scottish Parliament in recess (11 – 26 October)</li><li>• Welsh Parliament in recess (27 October – 2 November)</li><li>• <a href="#">The Food (Promotion and Placement) (Scotland) Regulations 2025</a> published (31 October)</li></ul>
<b>November 2025</b>
<ul style="list-style-type: none"><li>• <a href="#">Lancet Series on UPF and Human Health event and paper</a> (18-19 November)</li><li>• <a href="#">UNICEF report on 'Ultra-processed Foods and Children: State-of-the-art review'</a> (19 November)</li><li>• <a href="#">NI 'Healthy Futures' Obesity Futures</a> published (26 November)</li></ul>
<b>December 2025</b>
<ul style="list-style-type: none"><li>• <a href="#">CAP implementation guidance on LHF advertising restrictions</a> (4 December)</li><li>• <a href="#">EU Cardiovascular Health Plan ('Safe Hearts Plan) published</a> (16 December)</li><li>• <a href="#">WG Regulation on Healthy Eating Schools (The Healthy Eating in Schools (Nutritional Standards and Requirements) (Maintained Primary Schools) (Wales) Regulations 2025) published</a> (17 December)</li><li>• <a href="#">SG Good Food Nation Plan</a> (17 December)</li><li>• UK Parliament in recess (18 December 2025 – 5 January 2026)</li><li>• Scottish Parliament in recess (20 December 2025 – 4 January 2026)</li><li>• Welsh Parliament in recess (22 December 2025 – 11 January 2026)</li></ul>

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<p><b>January 2026</b></p> <ul style="list-style-type: none"> <li>• UK-wide <u>LHF advertising restrictions</u> 9pm TV watershed and paid-for online content comes into force (5 January)</li> <li>• NI research '<u>Mapping the food retail and out of home sector in Northern Ireland</u>' (9 January)</li> <li>• <b>DHSC <u>response to consultation on 2018 NPM and 2018 NPM technical guidance</u> (27 January)</b></li> </ul>
<p><b>February 2026</b></p> <ul style="list-style-type: none"> <li>• <b>SG industry engagement on Diet and Healthy Weight Plan</b></li> <li>• WG School Food Standards (Maintained primary schools) statutory guidance to be published</li> <li>• UK Parliament in recess (12-23 February)</li> <li>• Welsh Parliament in recess (16-22 February)</li> <li>• <b>IGD roundtable on free sugars (25 February)</b></li> <li>• <b>SG guidance on HFSS promotion restrictions to be published (Feb/Mar.26)</b></li> <li>• <b>England consultation on implementation of 2018 NPM to promotions and advertising restrictions of HFSS foods (Early 2026)</b></li> <li>• UKRI report on public perceptions on UPF (TBC)</li> </ul>
<p><b>March 2026</b></p> <ul style="list-style-type: none"> <li>• <u>The Food (Promotion and Presentation) (Wales) Regulations 2025</u> comes into force (26 March)</li> <li>• Defra Food Strategy Action Plan (Spring 2026)</li> <li>• UK Parliament in recess (26 March – 13 April)</li> <li>• Scottish Parliament in recess (26 March – 8 April)</li> <li>• Welsh Parliament in recess (30 March – 7 April)</li> </ul>
<p><b>April 2026</b></p> <ul style="list-style-type: none"> <li>• Welsh Parliament dissolution (8 April)</li> <li>• Scottish Parliament dissolution (9 April TBC)</li> </ul>
<p><b>May 2026</b></p> <ul style="list-style-type: none"> <li>• Scottish Parliament elections (7 May TBC)</li> <li>• Welsh Parliament elections (7 May TBC)</li> <li>• Salt Awareness Week 2026 (20 years anniversary salt targets) (11-17 May)</li> <li>• UK Parliament in recess (21 May – 1 June)</li> <li>• <b>Consultation on mandatory reporting of healthy food sales and healthy targets by large businesses in England (Late Spring 2026)</b></li> </ul>
<p><b>June 2026</b></p> <ul style="list-style-type: none"> <li>• SNACKEX 2026, Lisbon, Portugal (17-18 June 2026)</li> <li>• <b>SACN horizon scan meeting - review of evidence on UPF (17-18 June 2026)</b></li> <li>• <b>SG Scottish Dietary Goals review (mid 2026)</b></li> </ul>
<p><b>July 2026</b></p> <ul style="list-style-type: none"> <li>• UK Parliament in recess (16 July – TBC)</li> </ul>
<p><b>Other 2026</b></p> <ul style="list-style-type: none"> <li>• DHSC Recommendations on UPF (TBC)</li> <li>• PHW Position Statement on Processed Foods (TBC)</li> <li>• England ban on on-pack volume price promotions come into force (The Food (Promotion and Placement) (England) (Amendment) Regulations</li> </ul>

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### 2022) (1 October 2026).

- SG HFSS promotion restrictions come into force (1 October 2026)
- **Healthy Eating in Schools (Nutritional Standards and Requirements) (Maintained Primary Schools) (Wales) Regulations 2025 to enter into force (31 October 2026)**
- IARC report on UPF (October 2026 the earliest)
- UK End of transition period for The Bread and Flour (Amendment) (England) Regulations 2024 - Fortification of flour with folic acid (December 2026)
- NDNS Urinary Sodium Analysis (2026)
- EU study on UPF impact on health (2026 earliest)
- EU review of Audiovisual Media Services Directive (AMSD) (to consider stronger regulation on advertising to children) (by end of 2026)

### **2027+**

- England post-implementation review HFSS promotion regulations (2027)
- WHO Guidelines on UPF (2027 TBC)
- Updating NPM for HFSS promotion restrictions in England (2029 TBC)
- Updating NPM for LHF advertising restrictions in the UK (2029 TBC)
- England mandatory health food sales reporting for all large companies in the food sector (by 2029 - end of current Parliament)
- UK post-implementation review of LHF advertising restrictions LHF (2030)
- England mandatory targets on the average healthiness of sales – retailers and OOH (next Parliament)

### **Other TBC**

- OHID first report on 2024 salt reduction targets
- OHID 2<sup>nd</sup> progress report on 2024 calorie reduction targets
- UK Government response to consultation on FOPNL
- UK Government response to call for evidence on Vitamin D
- OHID research on children's exposure to high fat, sugar and salt food and drink advertising
- OHID report on association between excess weight and COVID19
- OHID research on healthier food in secondary schools - recommendations on national school food policy
- OHID report on the cost of achieving a healthy balanced diet
- FSS research on price of a healthy diet
- EU Harmonised FOPNL proposals
- EU Nutrient Profiles (for nutrition and health claims) proposals
- WHO Food Systems-Based Dietary Guidelines
- WHO NPM for nutrients of concern (total fats, sat fat, trans fats free sugars and sodium)
- WHO guidelines on nutrition labelling policies
- WHO guidelines on polyunsaturated fatty acids
- WHO 'SHAKE' Technical package for salt reduction update

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### Glossary

AHDB	—	Agriculture and Horticulture Development Board
BCAP	—	The UK Code of Broadcast Advertising
BExG	—	Business Expert Group
BNF	—	British Nutrition Foundation
BRC	—	British Retail Consortium
BSI	—	British Standards Institution
CAP	—	Committee of Advertising Practice
CASH	—	Action on Salt and Health/Action on Sugar
CMO	—	Chief Medical Officer
CUPGRA	—	Cambridge University Potato Growers Research Association
DA	—	Devolved Administrations (UK)
DCMS	—	Department for Digital, Culture, Media & Sport
DEFRA	—	Department for Environment, Food and Rural Affairs
DfE	—	Department for Education
DHSC	—	Department of Health and Social Care
DoH	—	Department of Health (Northern Ireland)
EC	—	European Commission
EFRA	—	Environment, Food and Rural Affairs Committee
EFSA	—	European Food Safety Authority
EP	—	European Parliament
FCPC	—	FoodDrinkEurope Food and Consumer Policy Committee
FDSC	—	Food and Drink Sector Council
FDTP	—	Food Data Transparency Partnership
FOPNL	—	Front of Pack nutritional labelling
FDF	—	Food and Drink Federation
FS3G	—	Food Safety and Science Steering Group
FSA	—	Food Standards Agency
FSS	—	Food Standards Scotland
GCA	—	Groceries Code Adjudicator
HFSS	—	High in Fat, Sugar and Salt (food)
HoC	—	House of Commons
HoL	—	House of Lords
HWHW	—	Healthy Weight Healthy Wales
IA	—	Impact Assessment
IARC	—	International Agency for Research on Cancer
INCO	—	FoodDrinkEurope Information to Consumers Committee
INGR	—	FoodDrinkEurope Ingredients Committee
JECFA	—	Joint Expert Committee on Food Additives
MEP	—	Member of European Parliament
NDA	—	EFSA Panel on Dietetic Products, Nutrition and Allergies

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NCMP		National Child Measurement Programme
NDNS	—	National Diet and Nutrition Survey
NPM	—	Nutrient Profiling Model
NOF	—	National Obesity Forum
Ofcom	—	UK's communications regulator
OHID	—	Office for Health Improvement and Disparities
OOH	—	Out-of-Home
POST	—	The Parliamentary Office of Science and Technology
PHS	—	Public Health Scotland
PHW	—	Public Health Wales
SACN	—	Scientific Advisory Committee on Nutrition
SCoPAFF	—	Standing Committee on Plants, Animals, Food and Feed (PAFF Committee) - Successor to the SCoFCAH as of Oct 2014.
SDIL	—	Soft Drinks Industry Levy
SG	—	Scottish Government
SI	—	Statutory Instrument
UKNHCC	—	UK Nutrition and Health Committee
UPF		Ultra-Processed Foods
UN	—	United Nations
WG	—	Welsh Government
WHO	—	World Health Organization